

The Cycle of Star Formation across Scales: Stellar Feedback as a Source of Interstellar Turbulence

Sabrina M. Appel

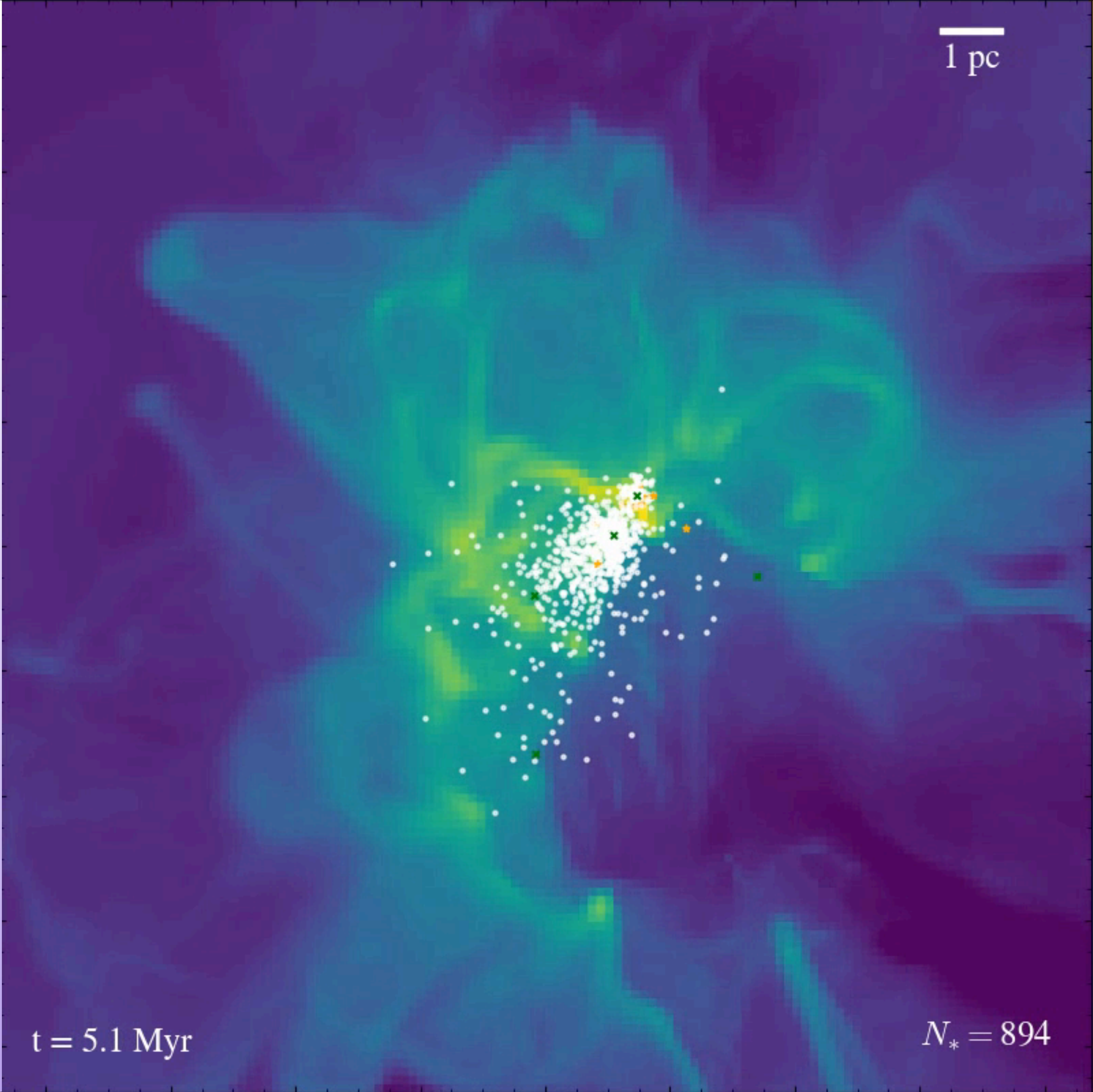
NSF Astronomy & Astrophysics Postdoctoral Fellow
American Museum of Natural History

Star Formation, Stellar Feedback, and the
Ecology of Galaxies ~ May 28, 2025



American Museum
of Natural History

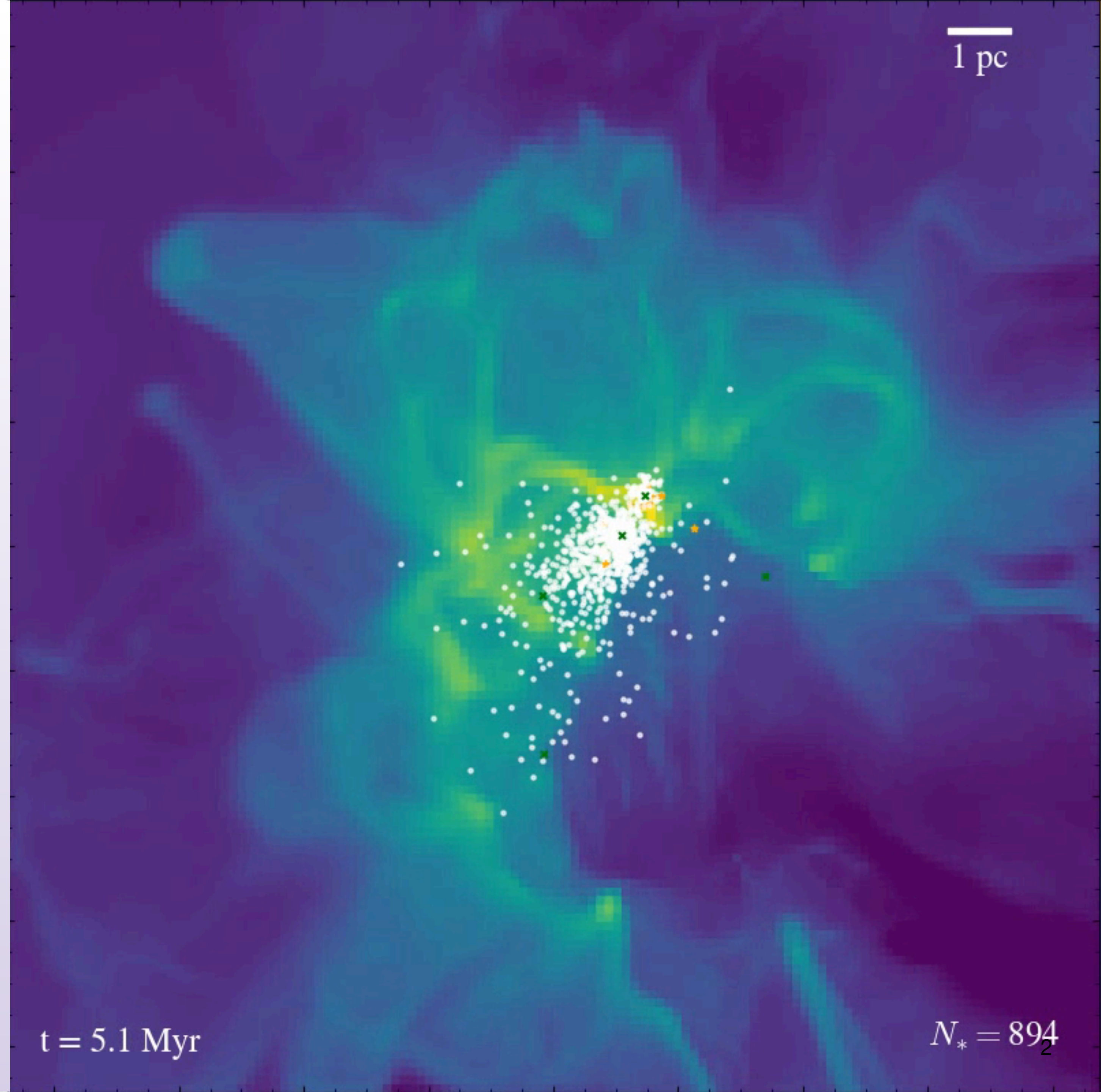
sappel@amnh.org
<https://sabrinaappel.github.io/>



$t = 5.1 \text{ Myr}$

$N_* = 894$

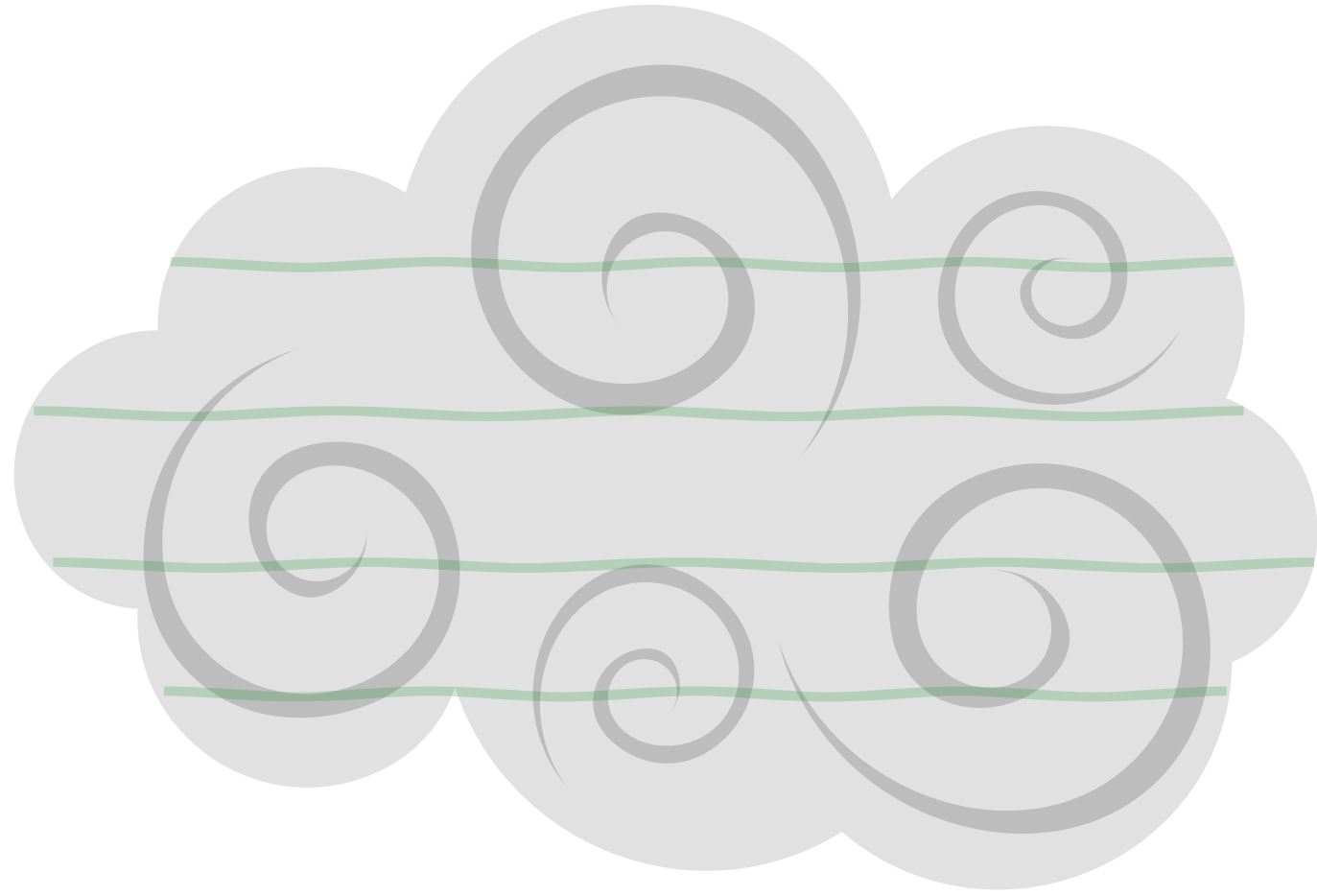
Overview of Star Formation



Star Formation is a Cycle

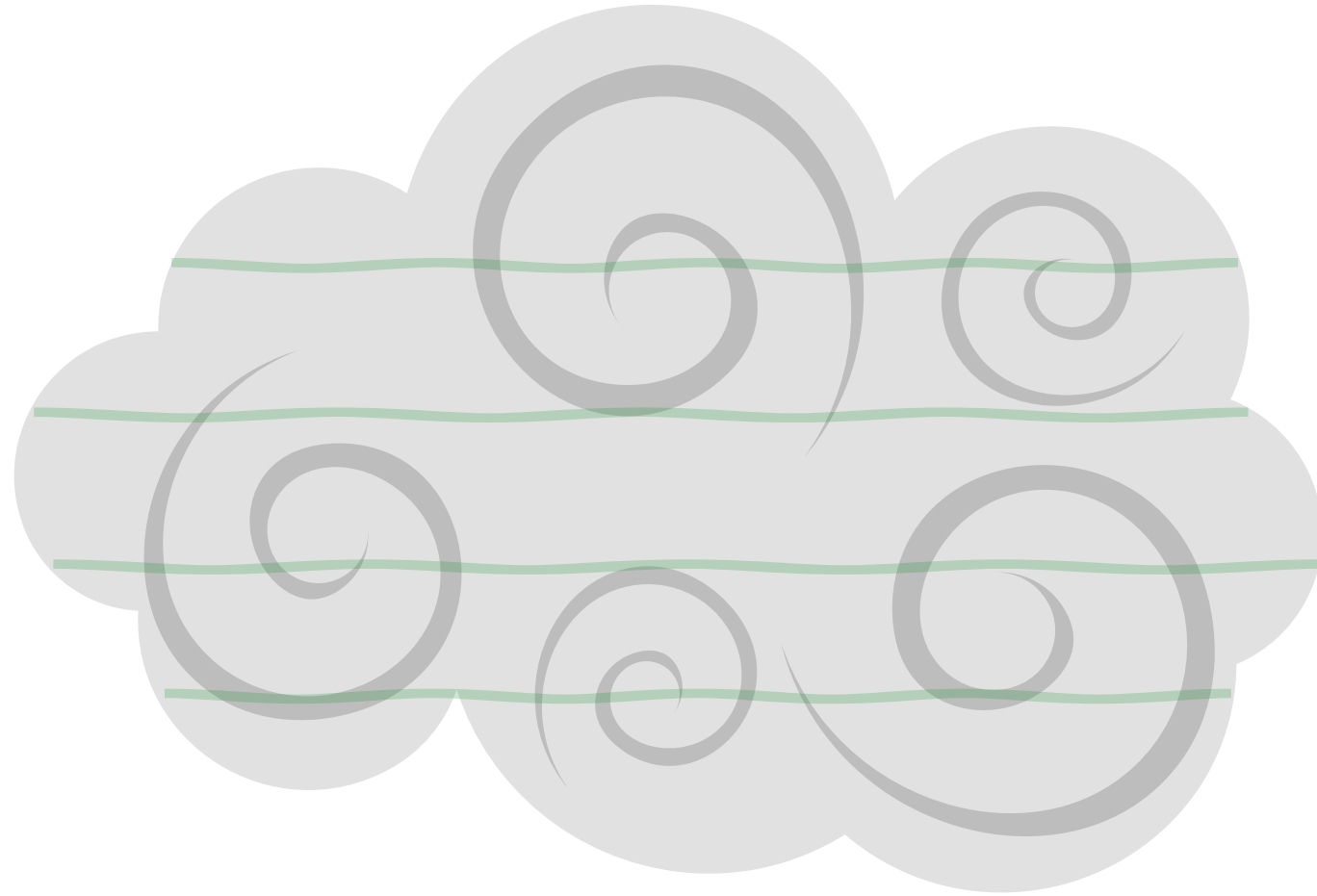
Star Formation is a Cycle

Initial turbulent, magnetized gas cloud

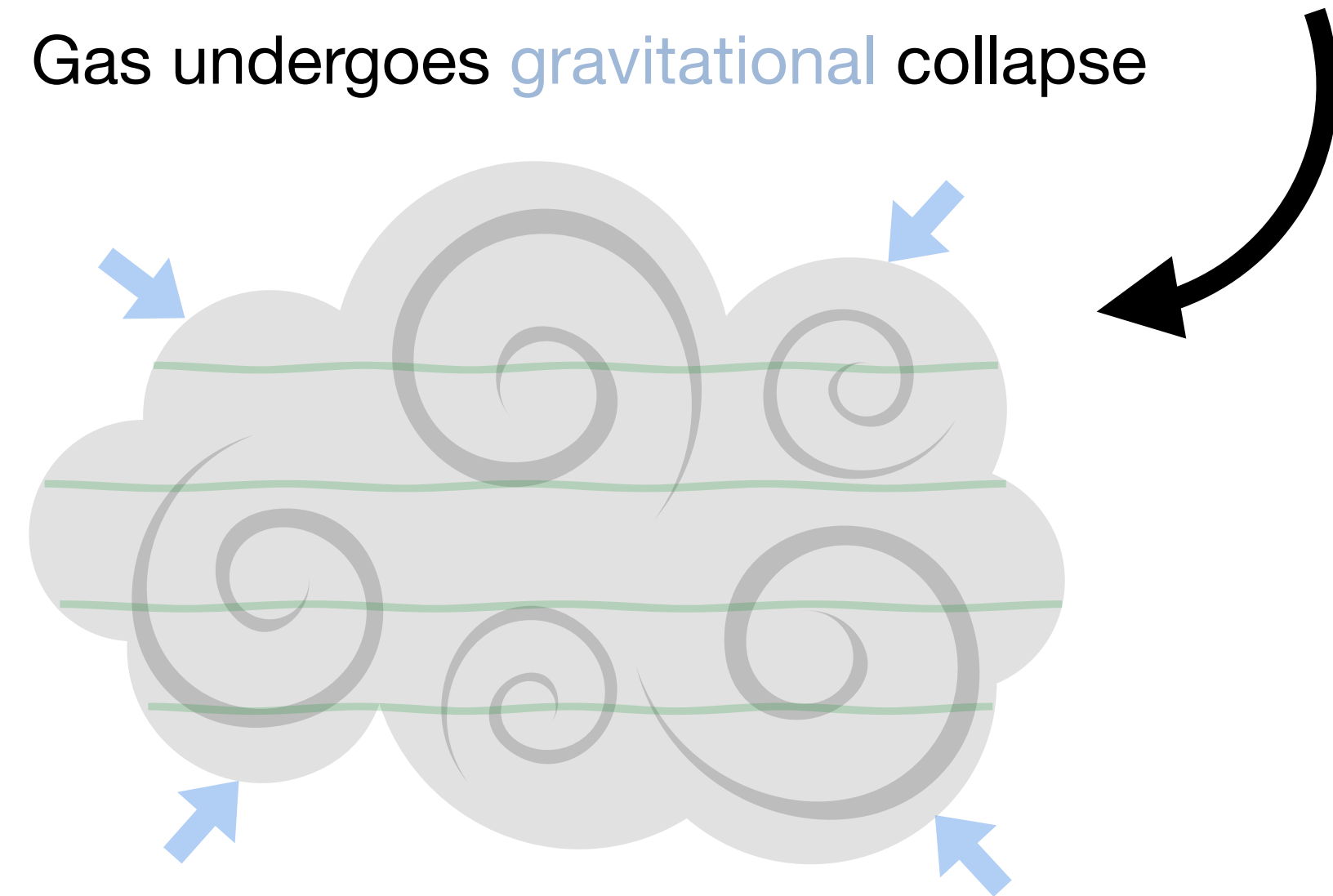


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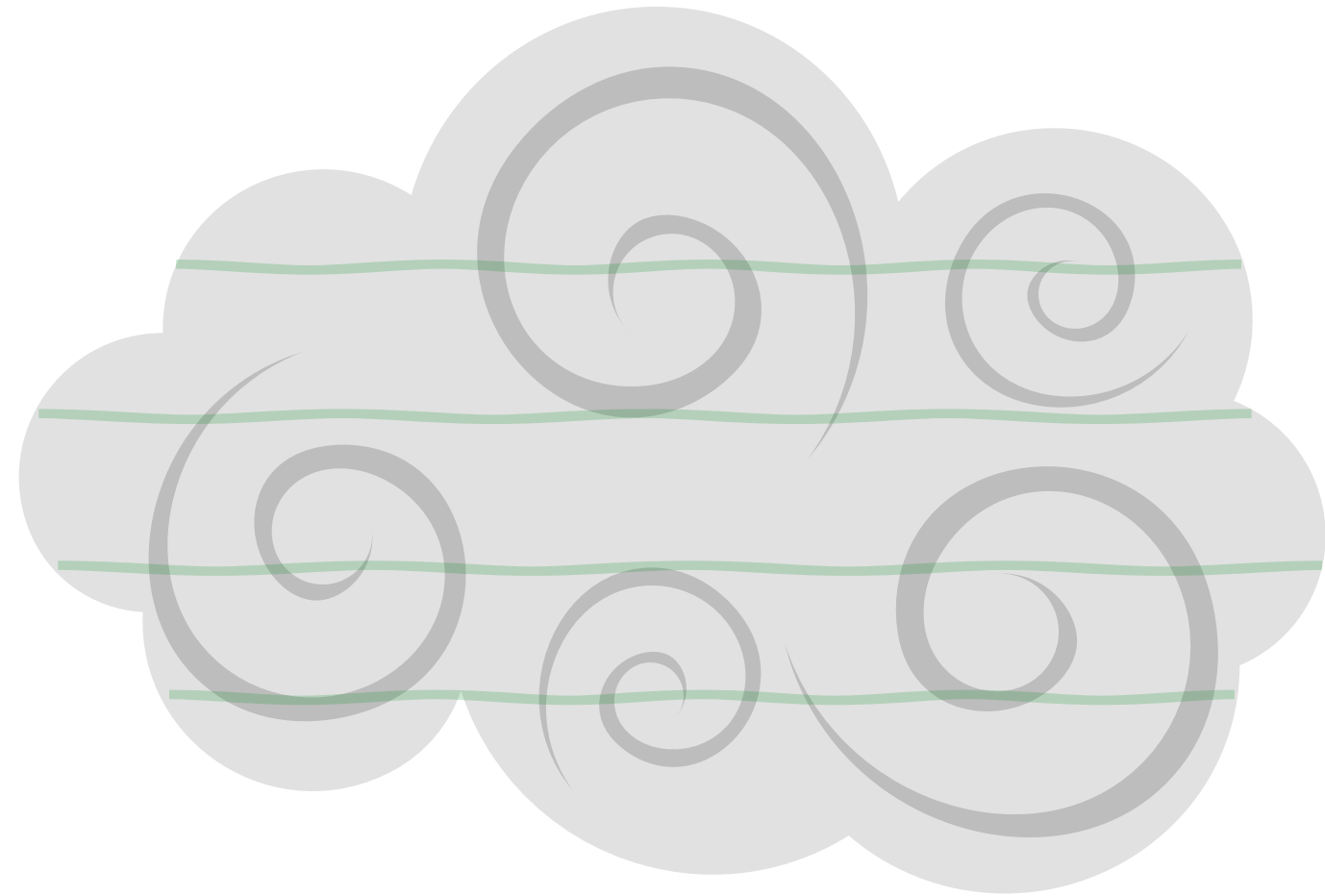


Gas undergoes gravitational collapse

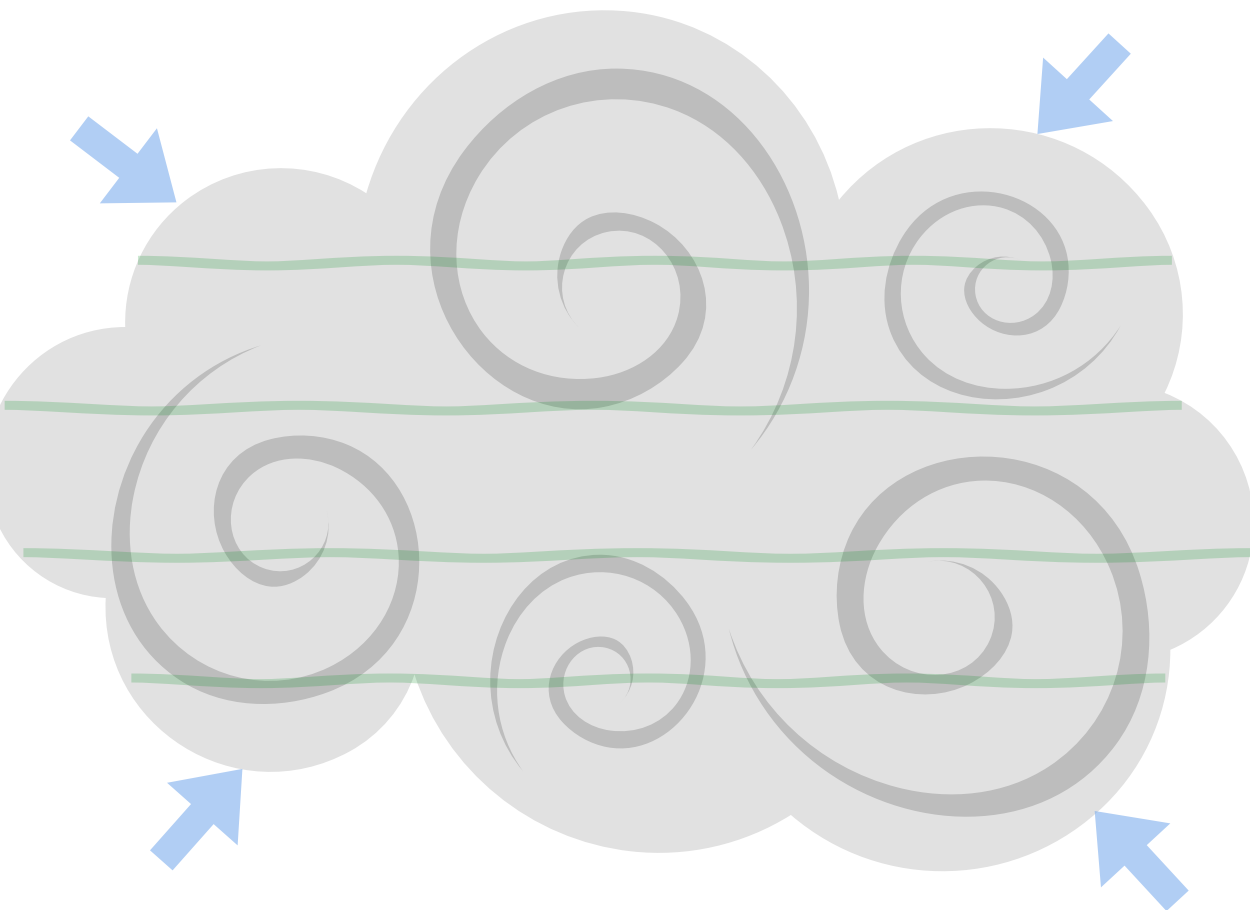


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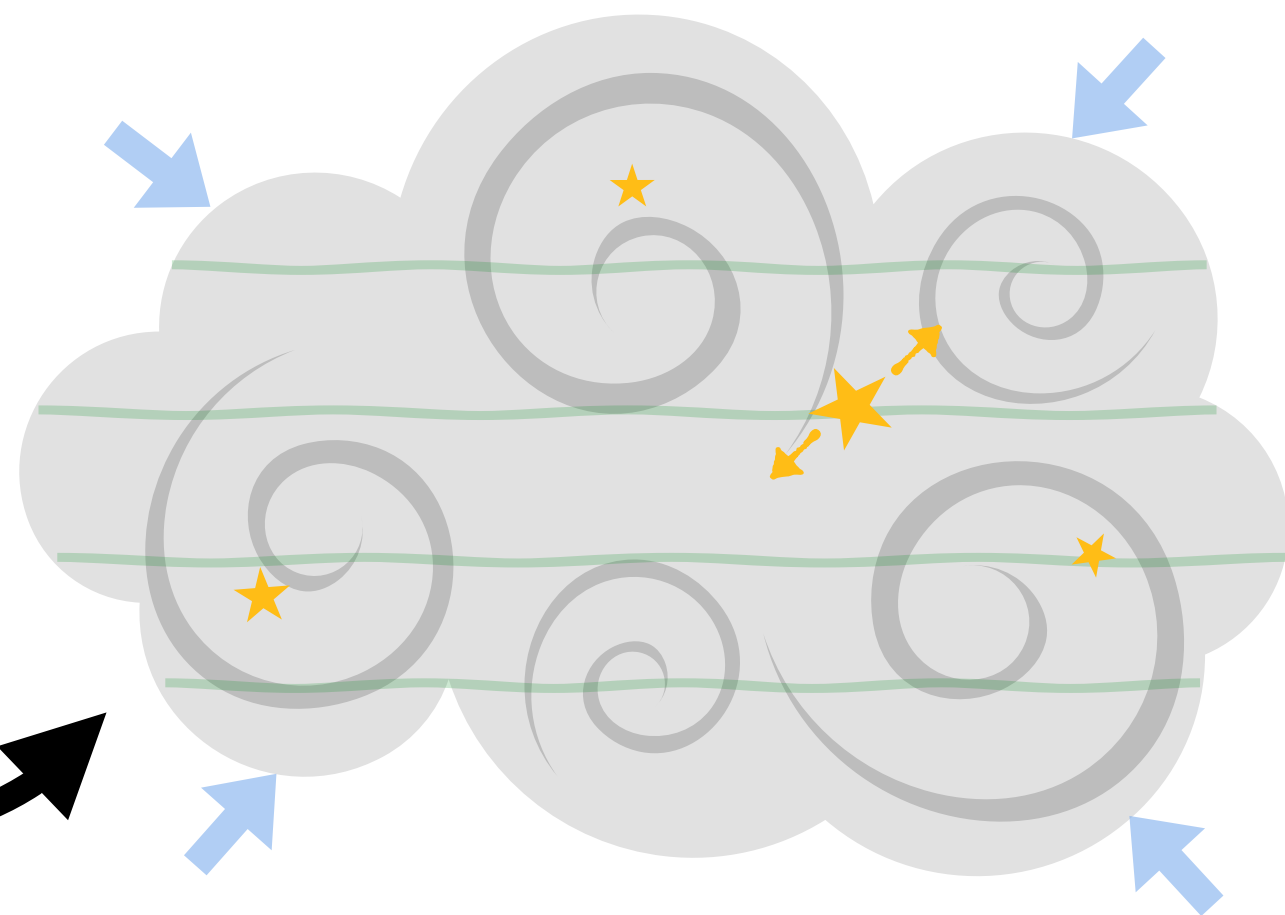
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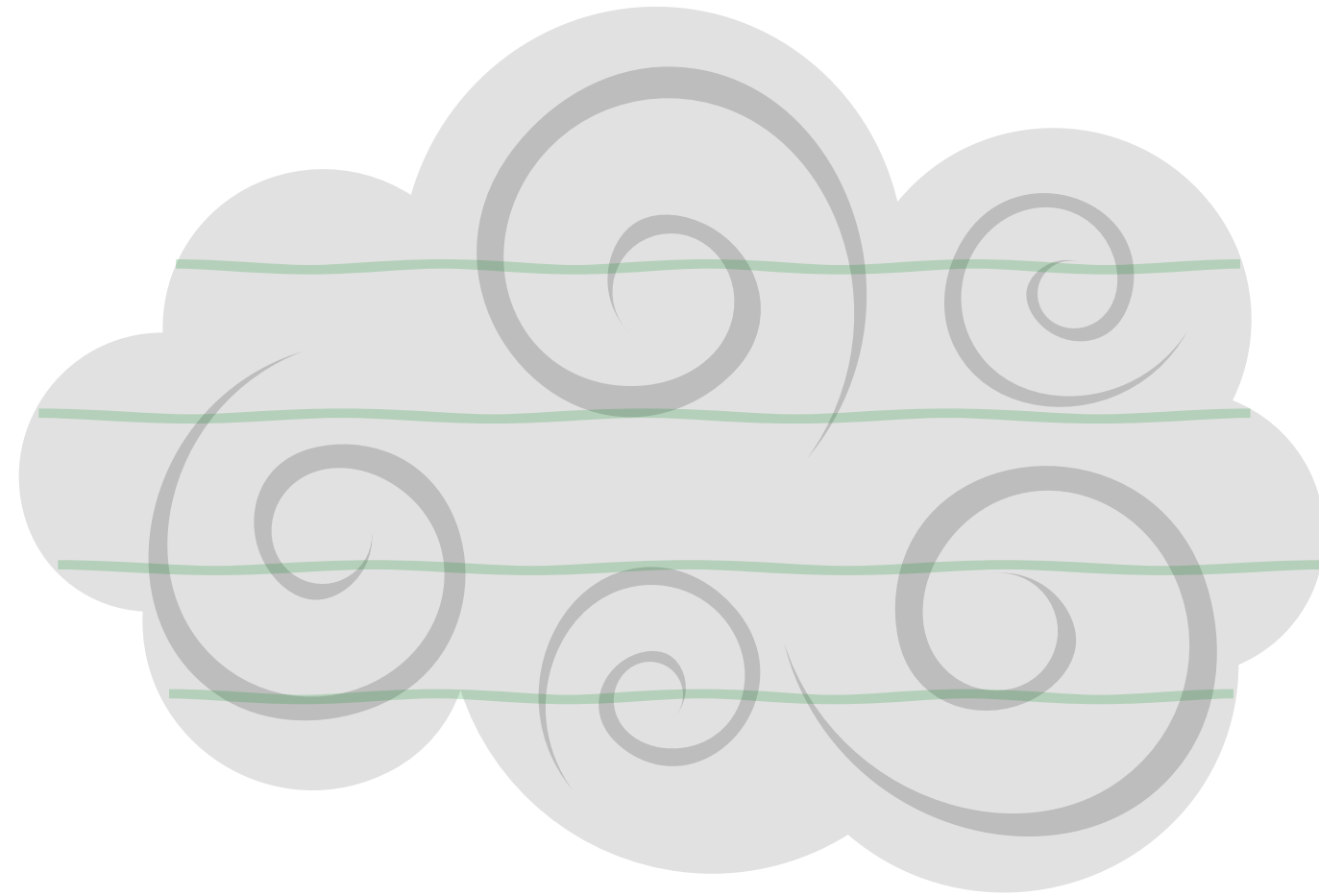
Appel



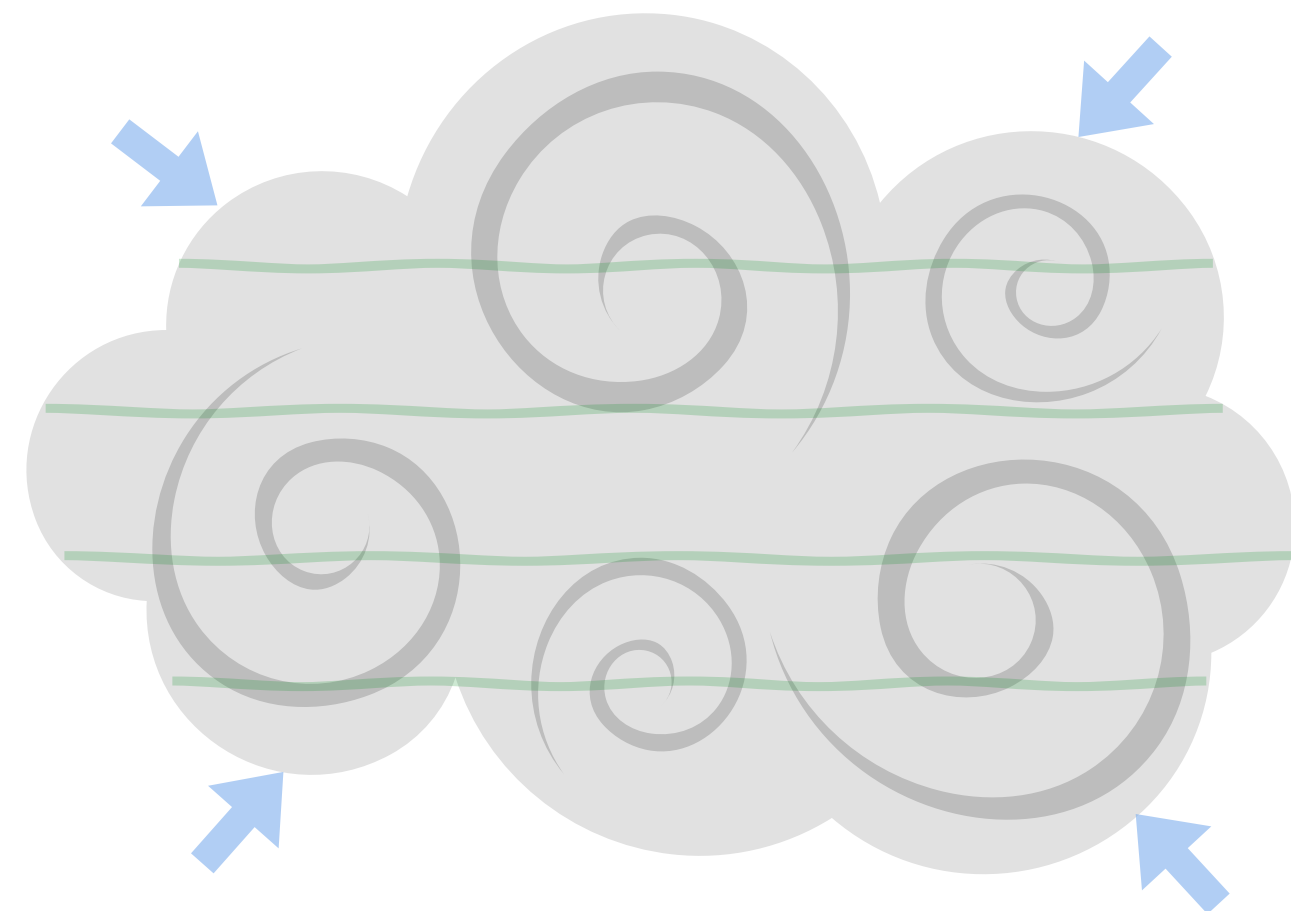
First stars form with protostellar feedback
(Jets and accretion luminosity/protostellar heating)

Star Formation is a Cycle

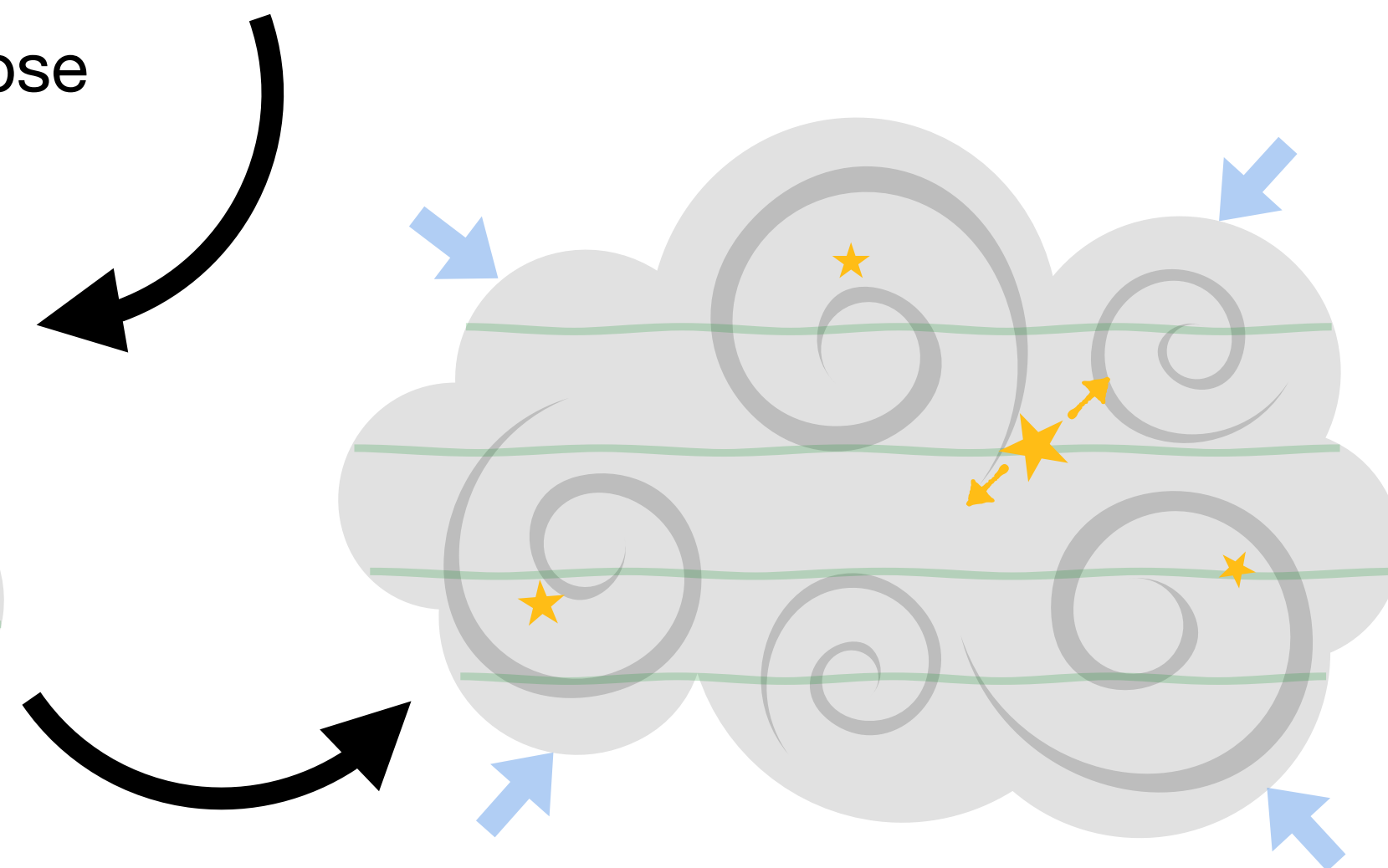
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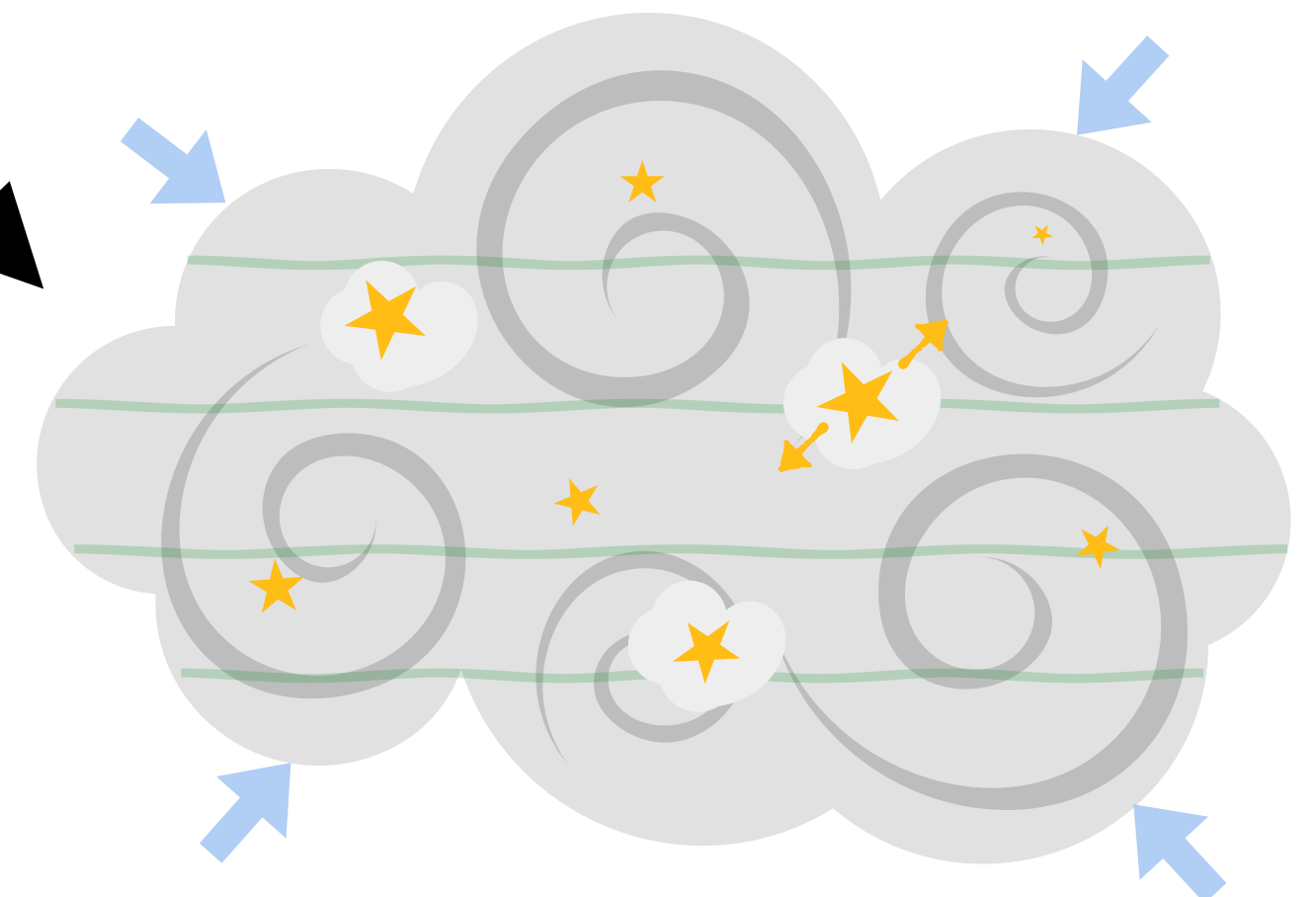


Appel



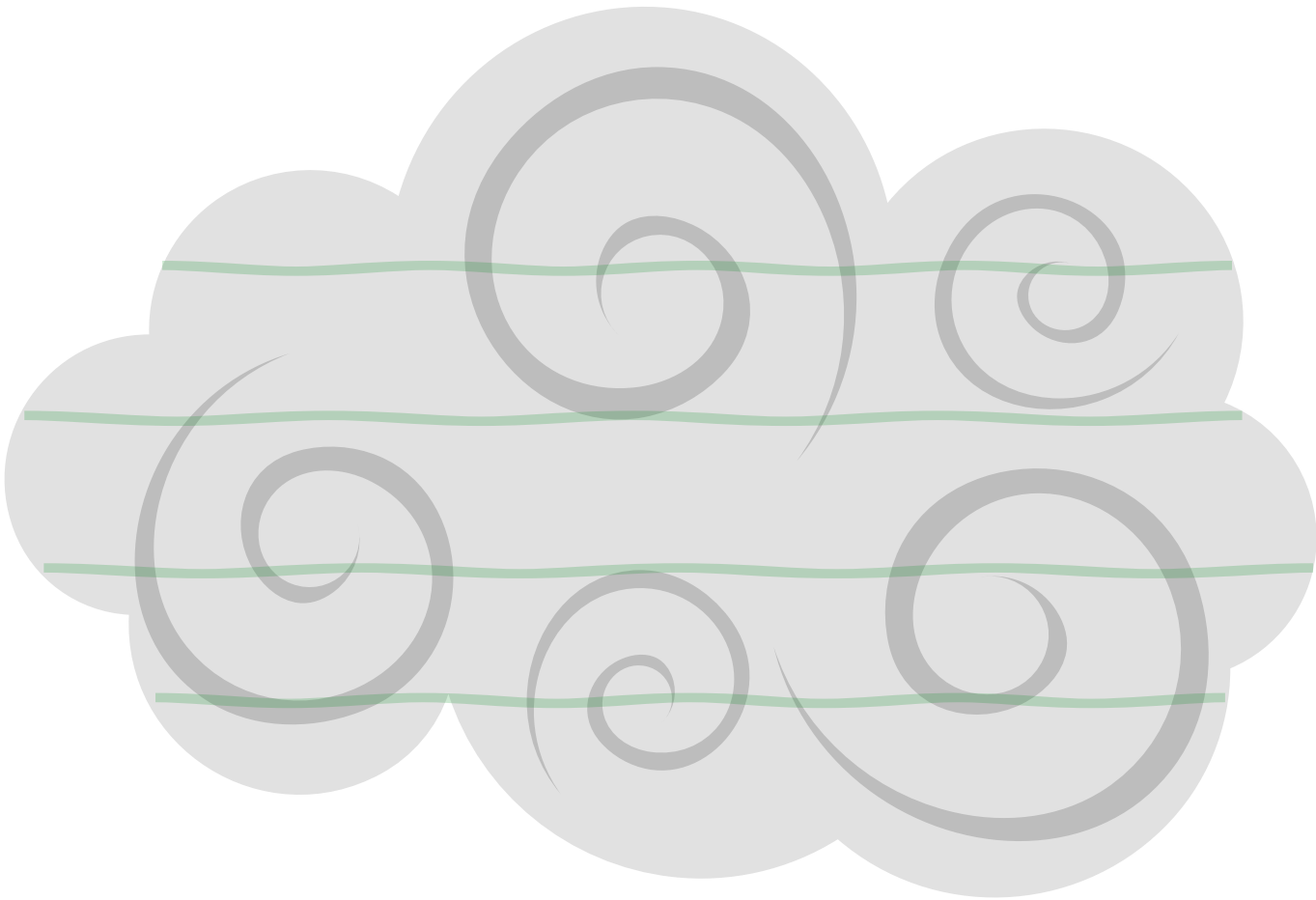
First **stars** form with protostellar feedback
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Stellar feedback ramps up - now including:
Winds + Radiation + Supernovae

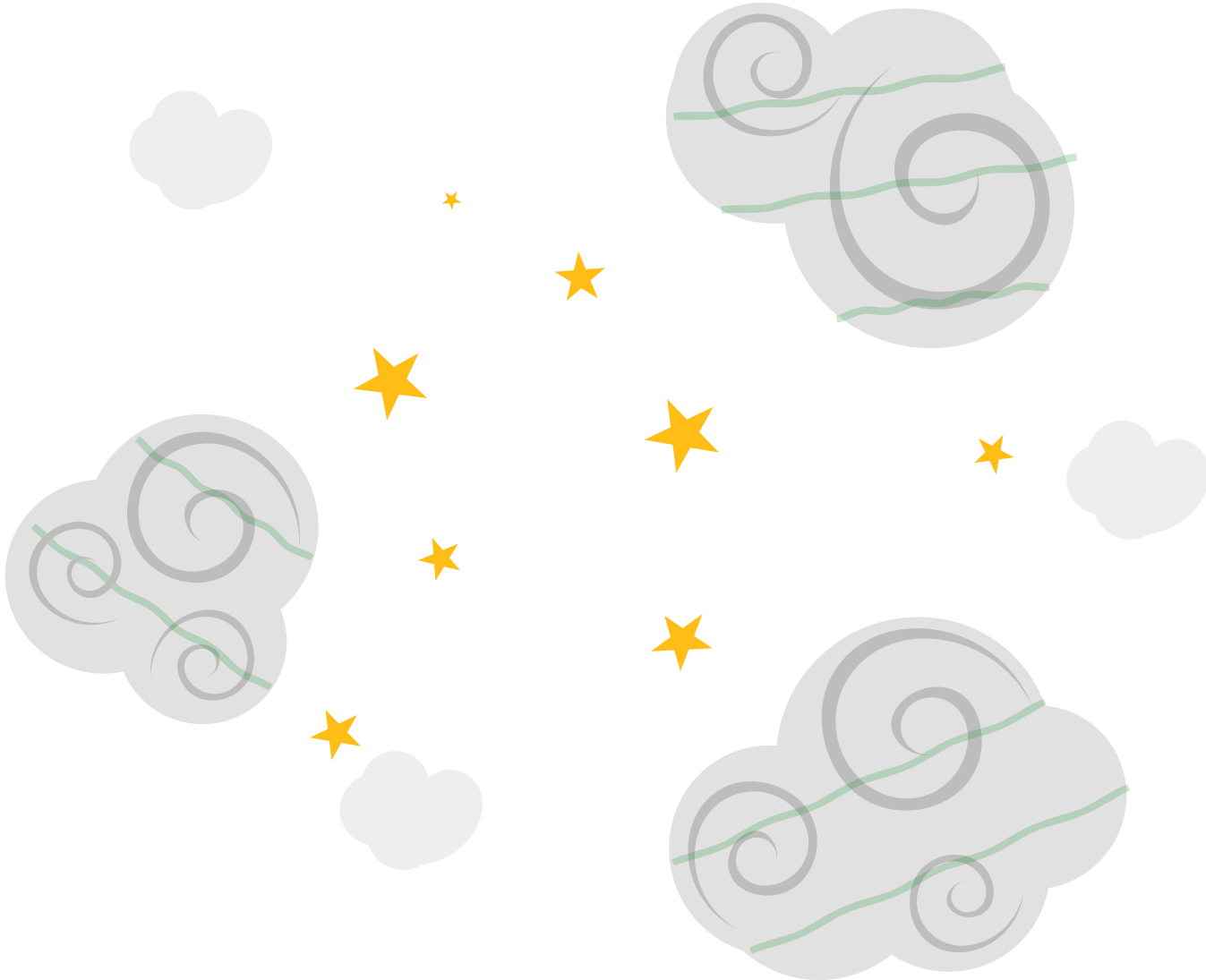


Star Formation is a Cycle

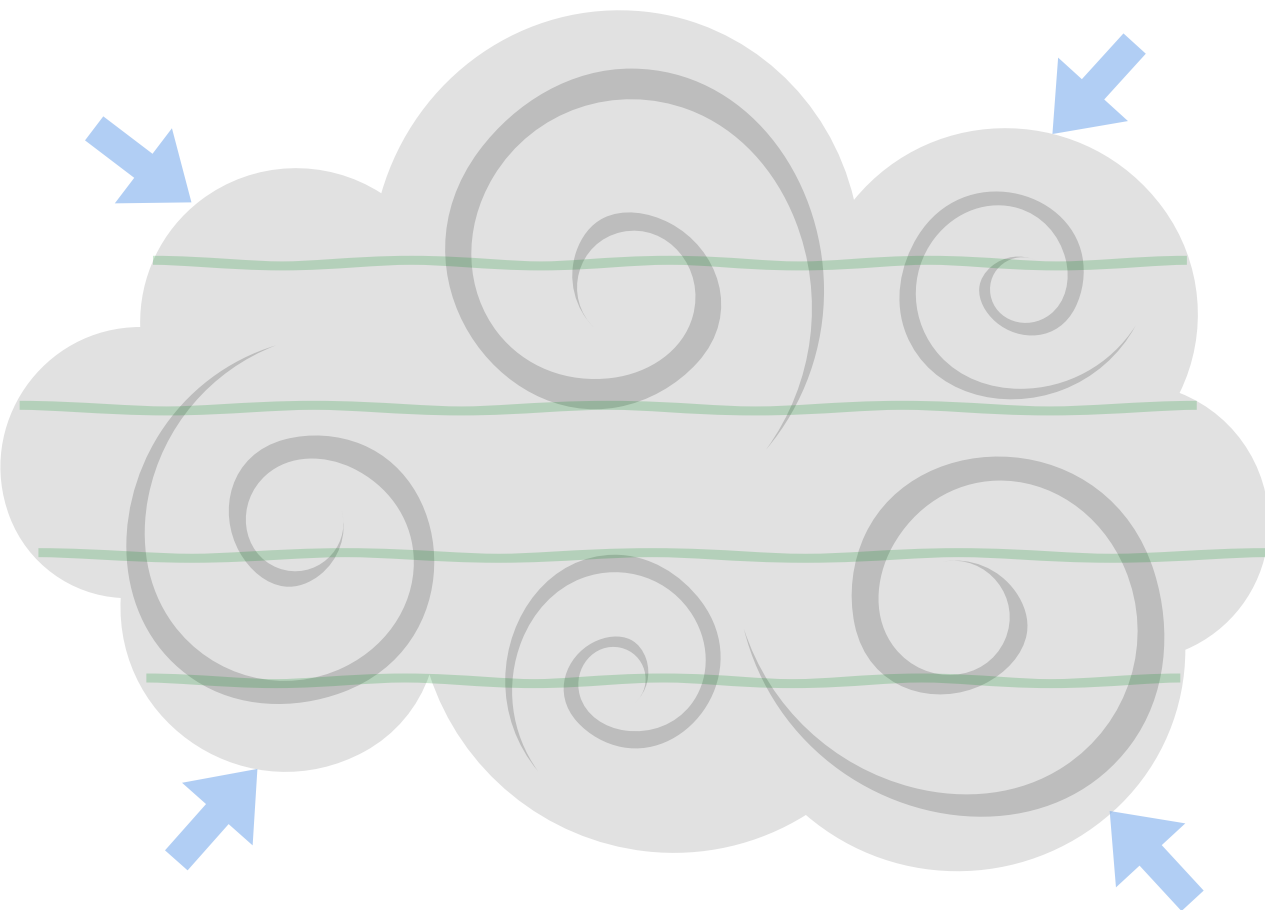
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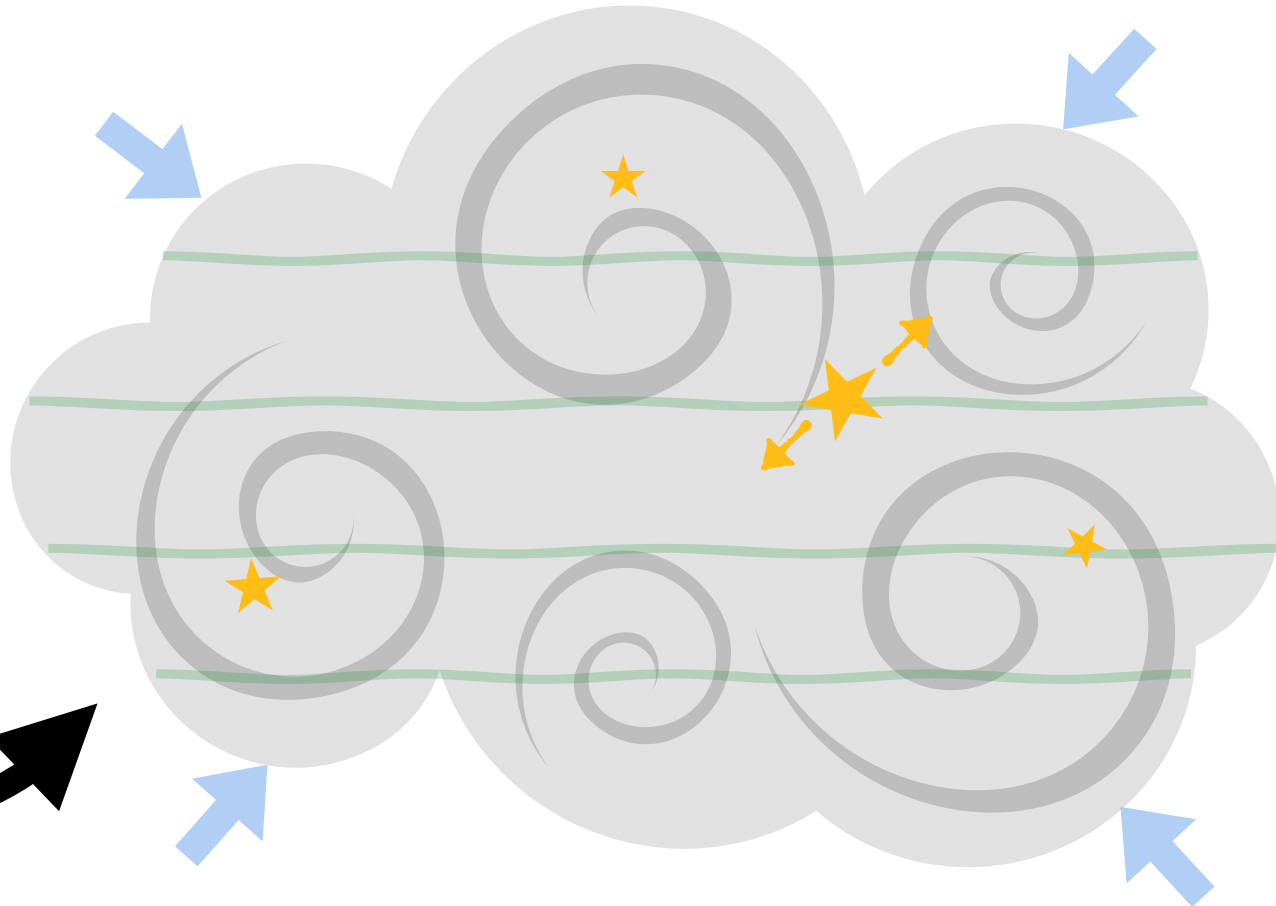
Gas dispersal — leaves stars exposed



Gas undergoes gravitational collapse

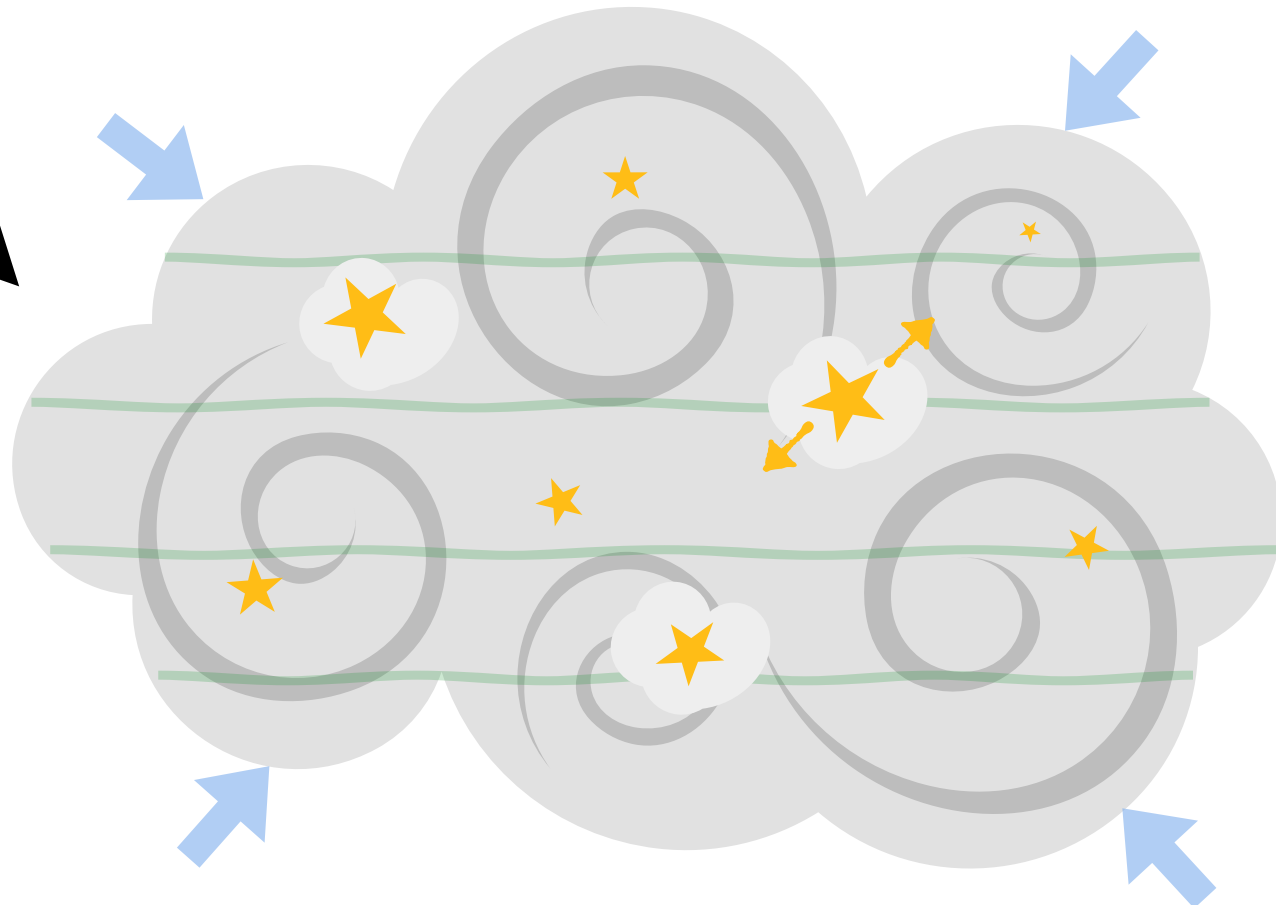


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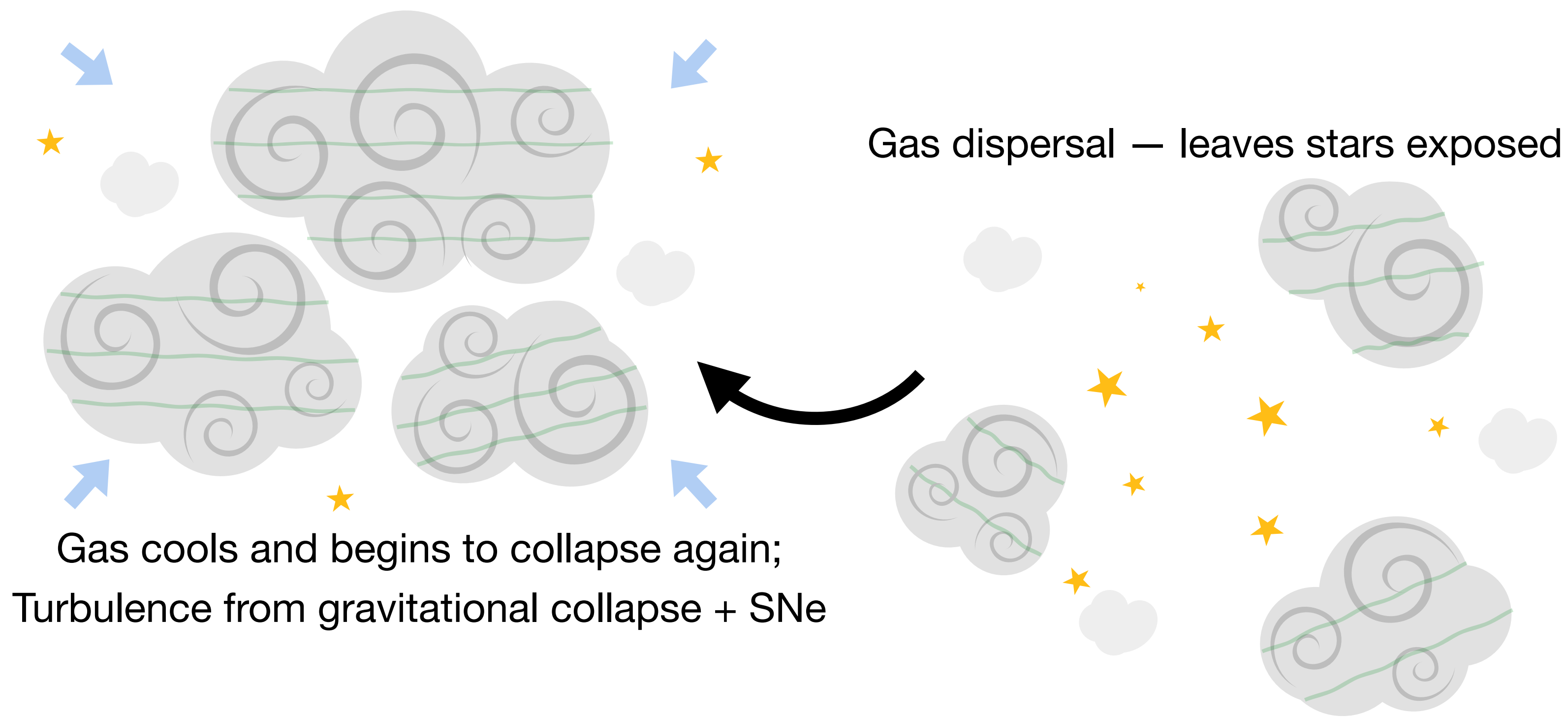
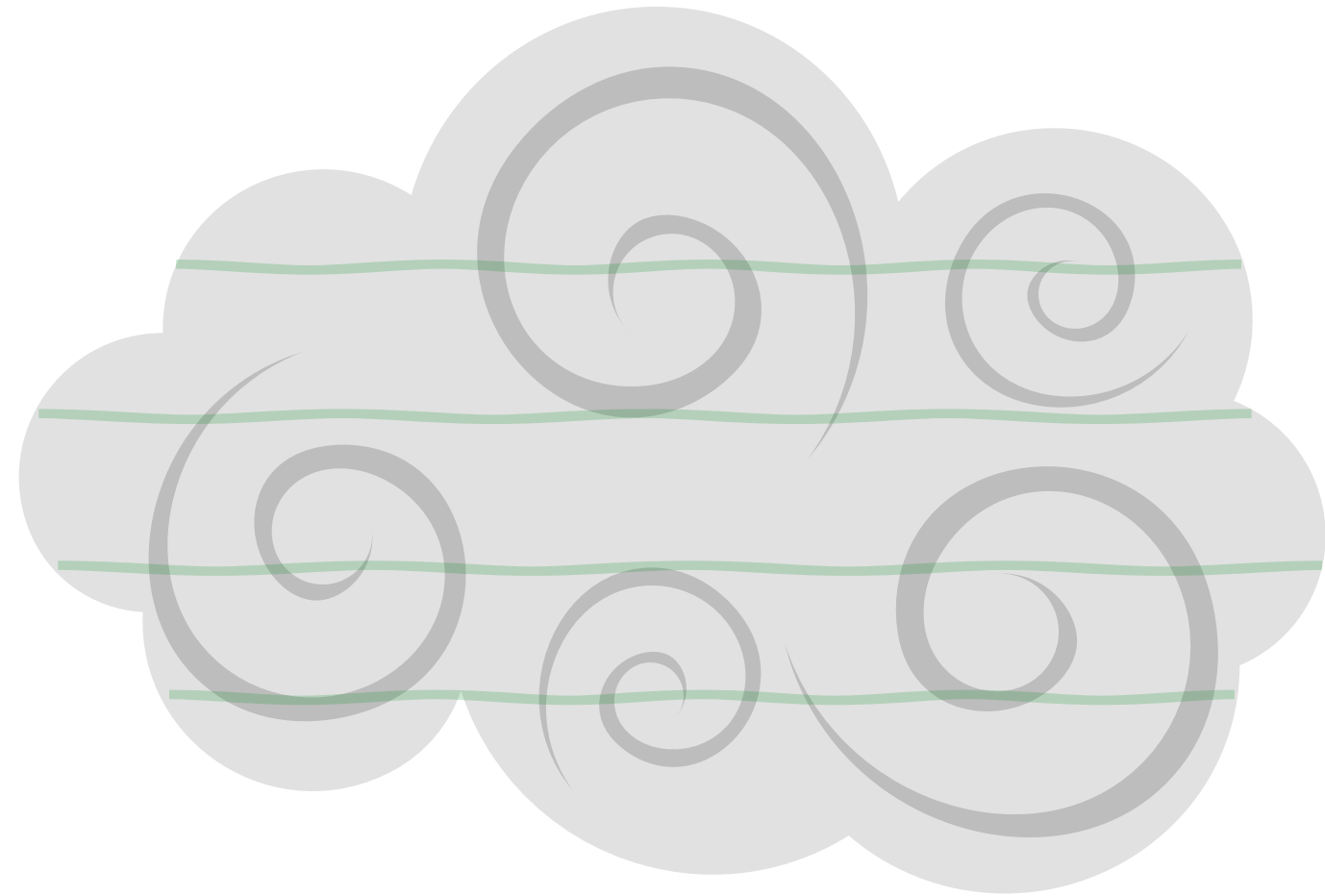
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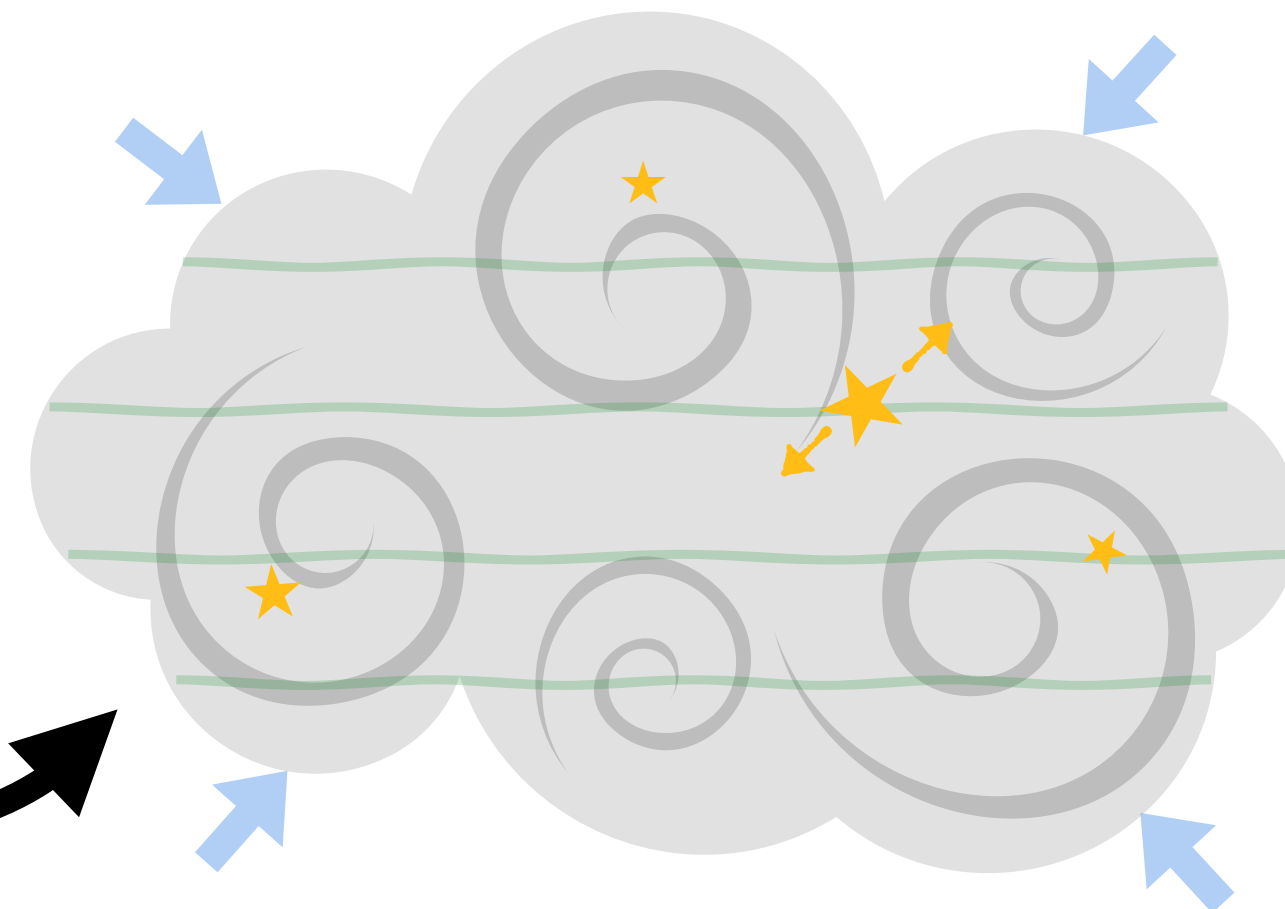
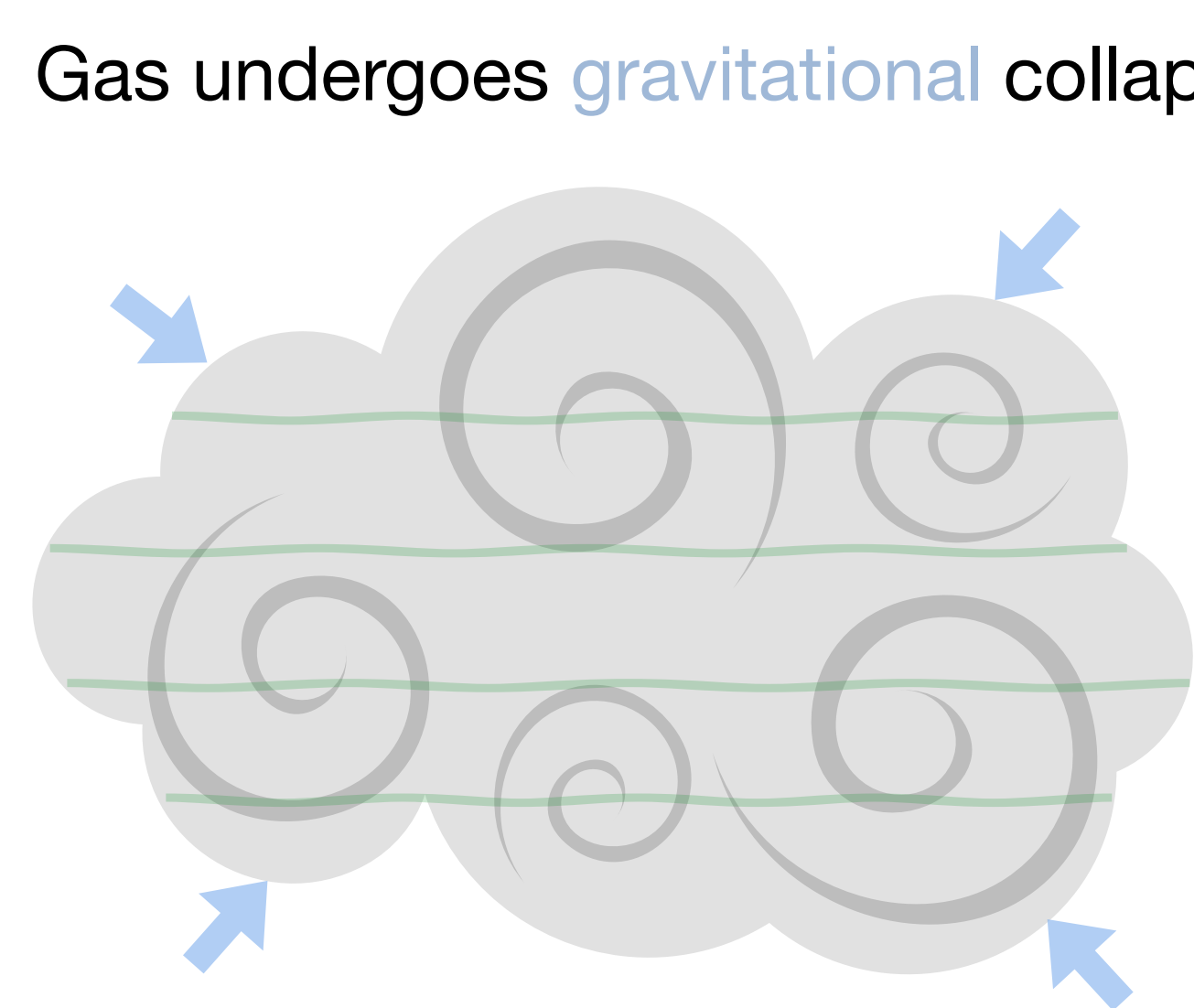


Star Formation is a Cycle

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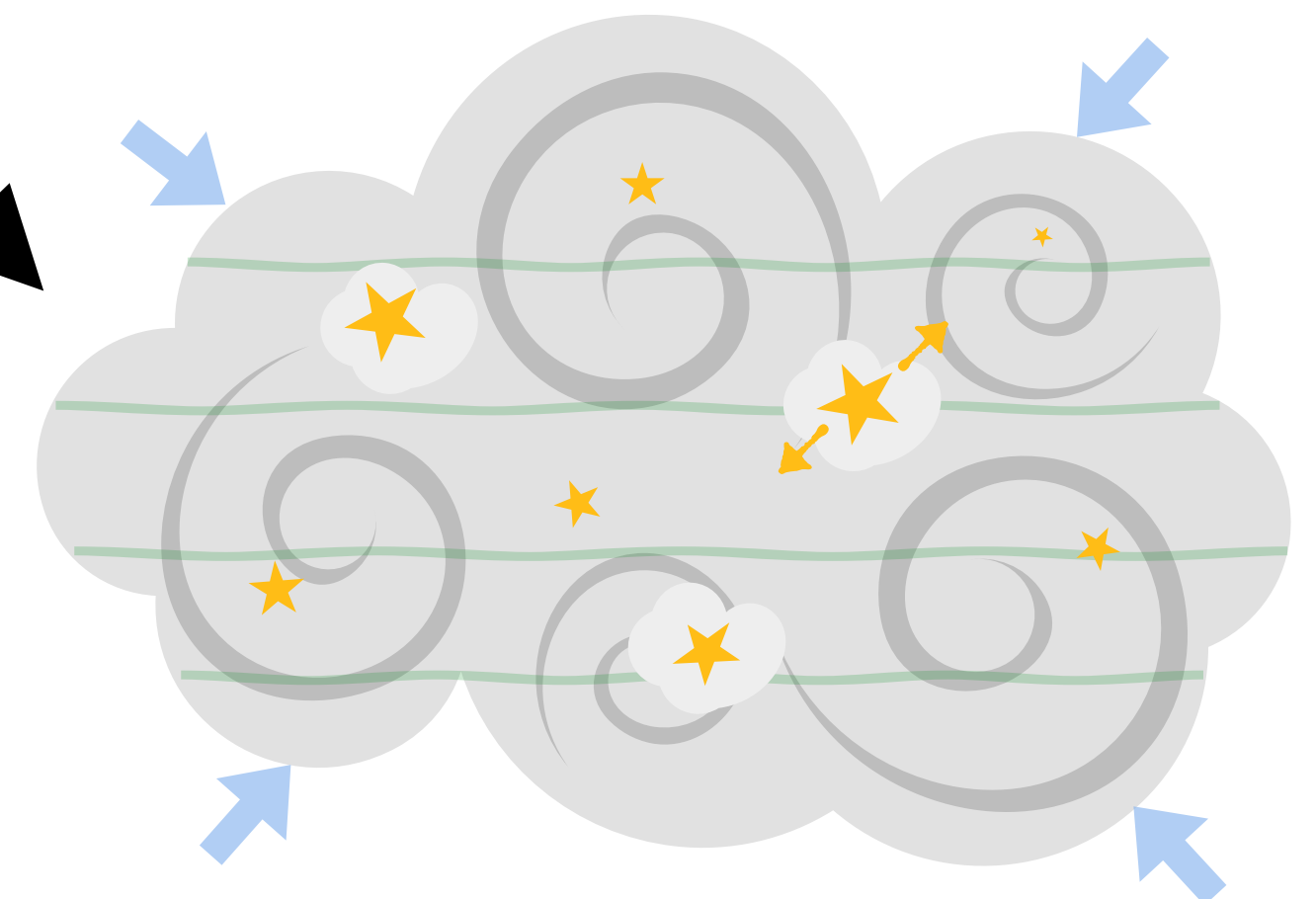


Gas undergoes gravitational collapse



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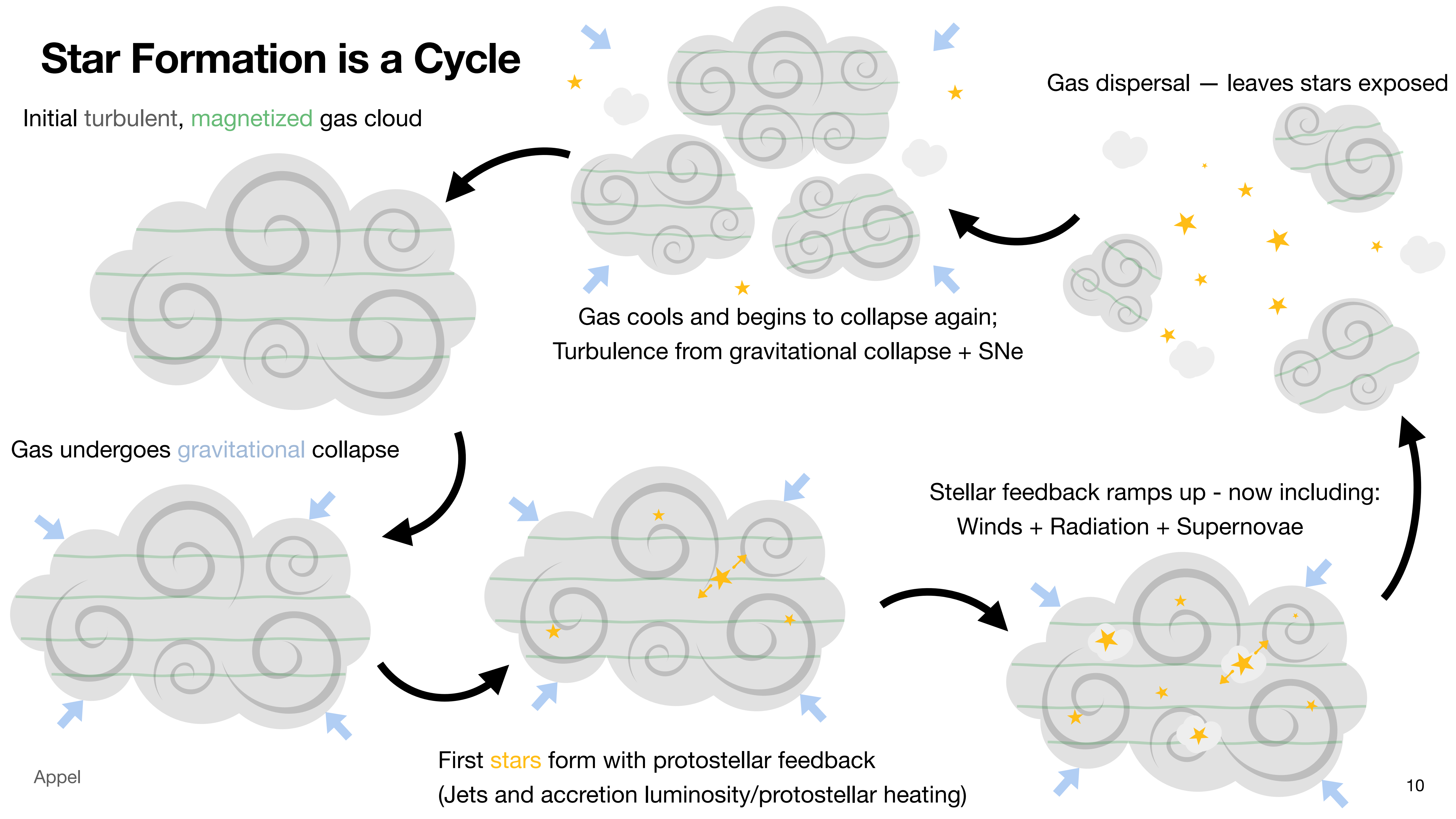
Gas dispersal — leaves stars exposed

Gas cools and begins to collapse again;
Turbulence from gravitational collapse + SNe

Gas undergoes gravitational collapse

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Star Formation is a Cycle

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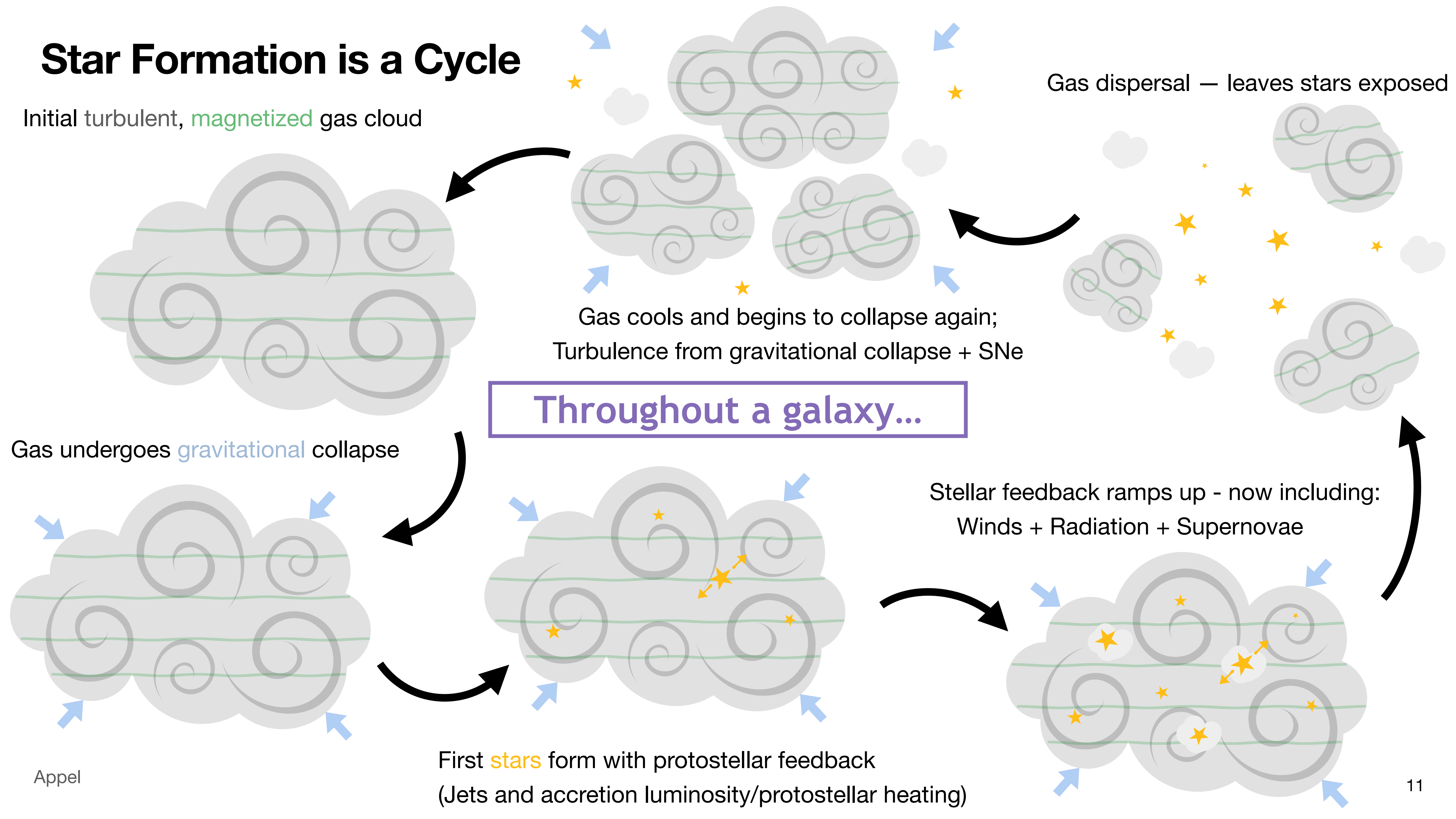
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Throughout a galaxy...

Gas undergoes gravitational collapse

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Star Formation is a Cycle

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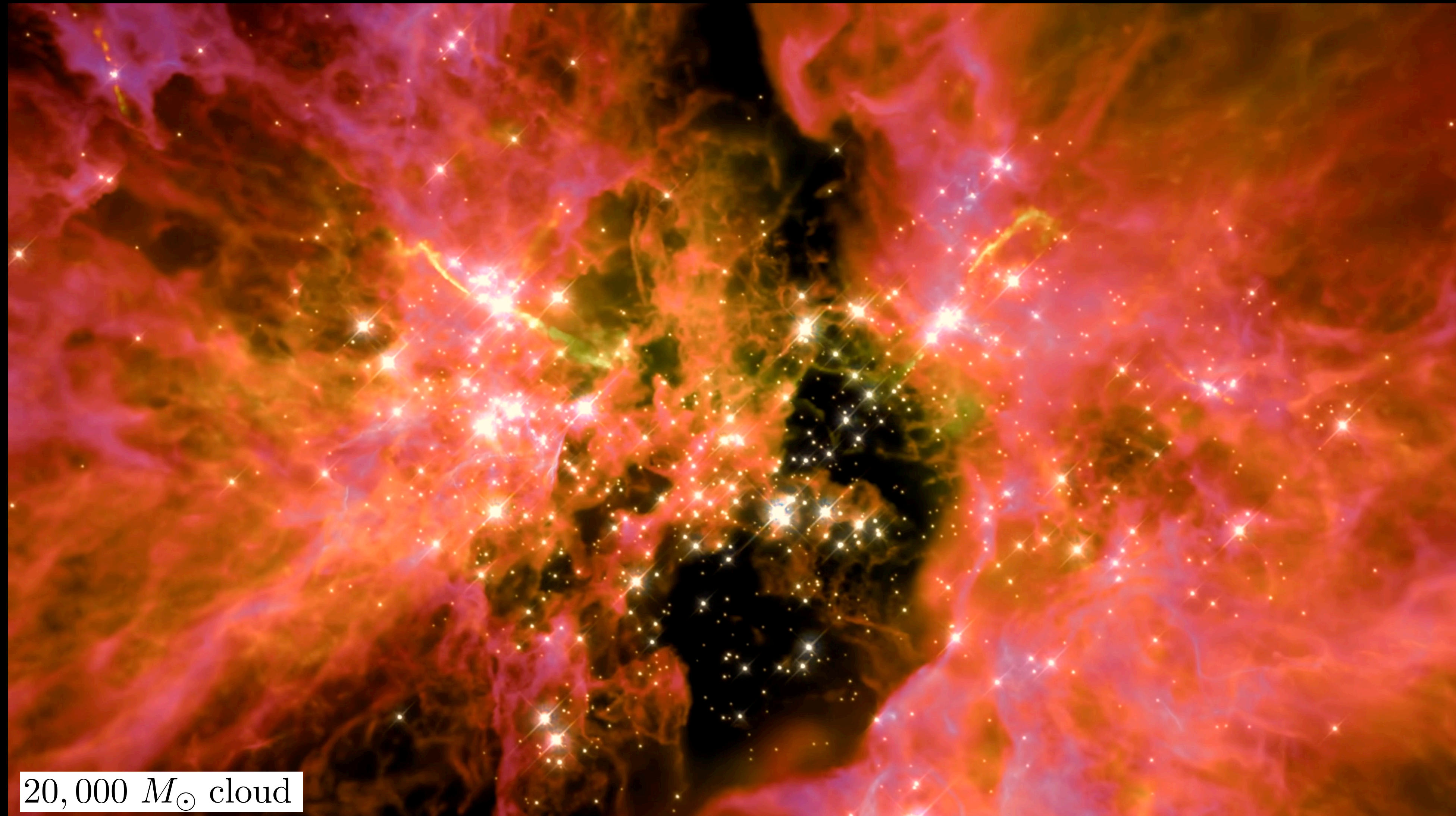
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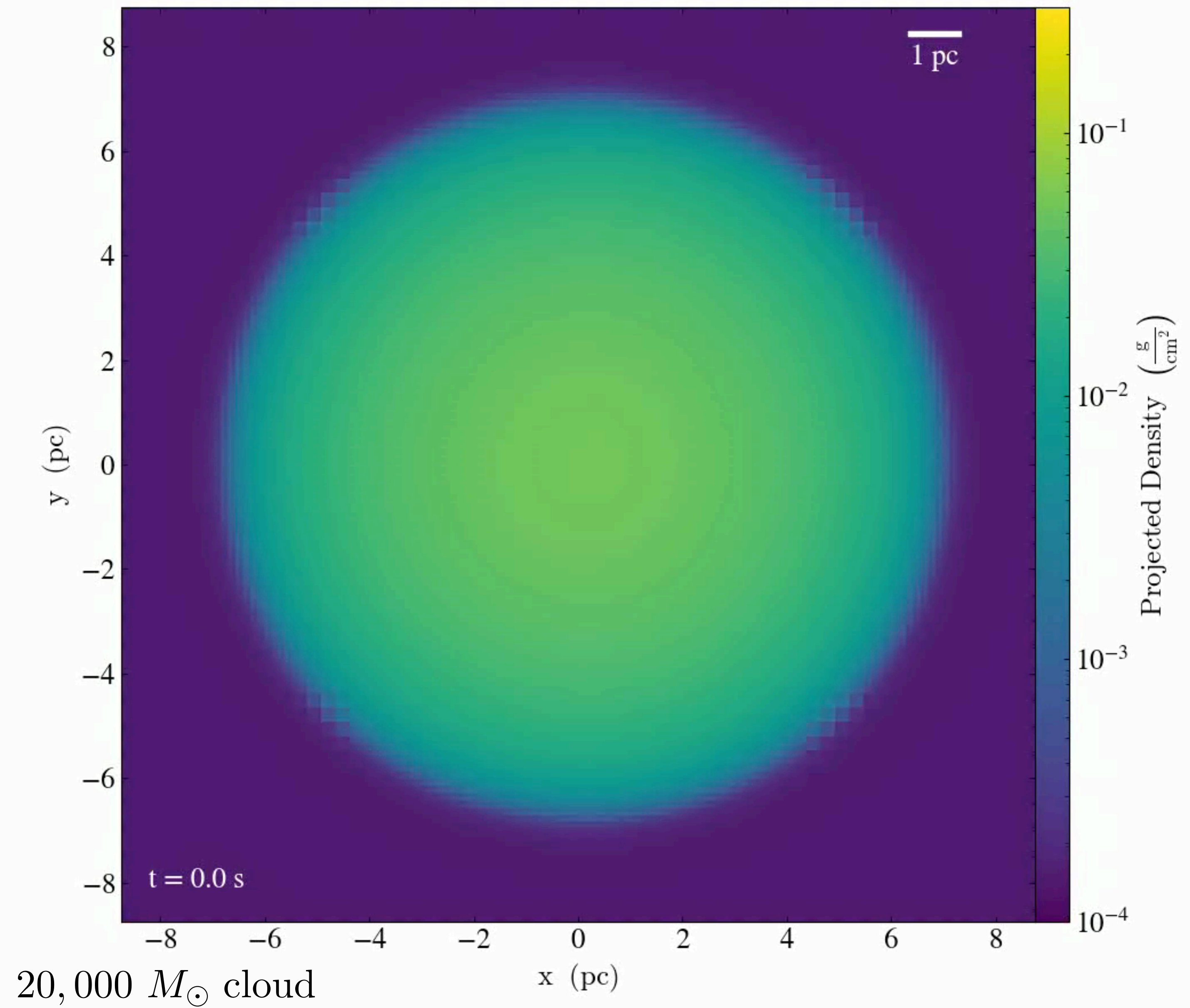
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30 Doradus / Tarantula Nebula - JWST NIRCam



STARFORGE: The Anvil of Creation simulation



$20,000 M_{\odot}$ cloud

Torch simulation with protostellar jets

Modes of Feedback

Image Credit: NASA, ESA, CSA, STScI,
Webb ERO Production Team



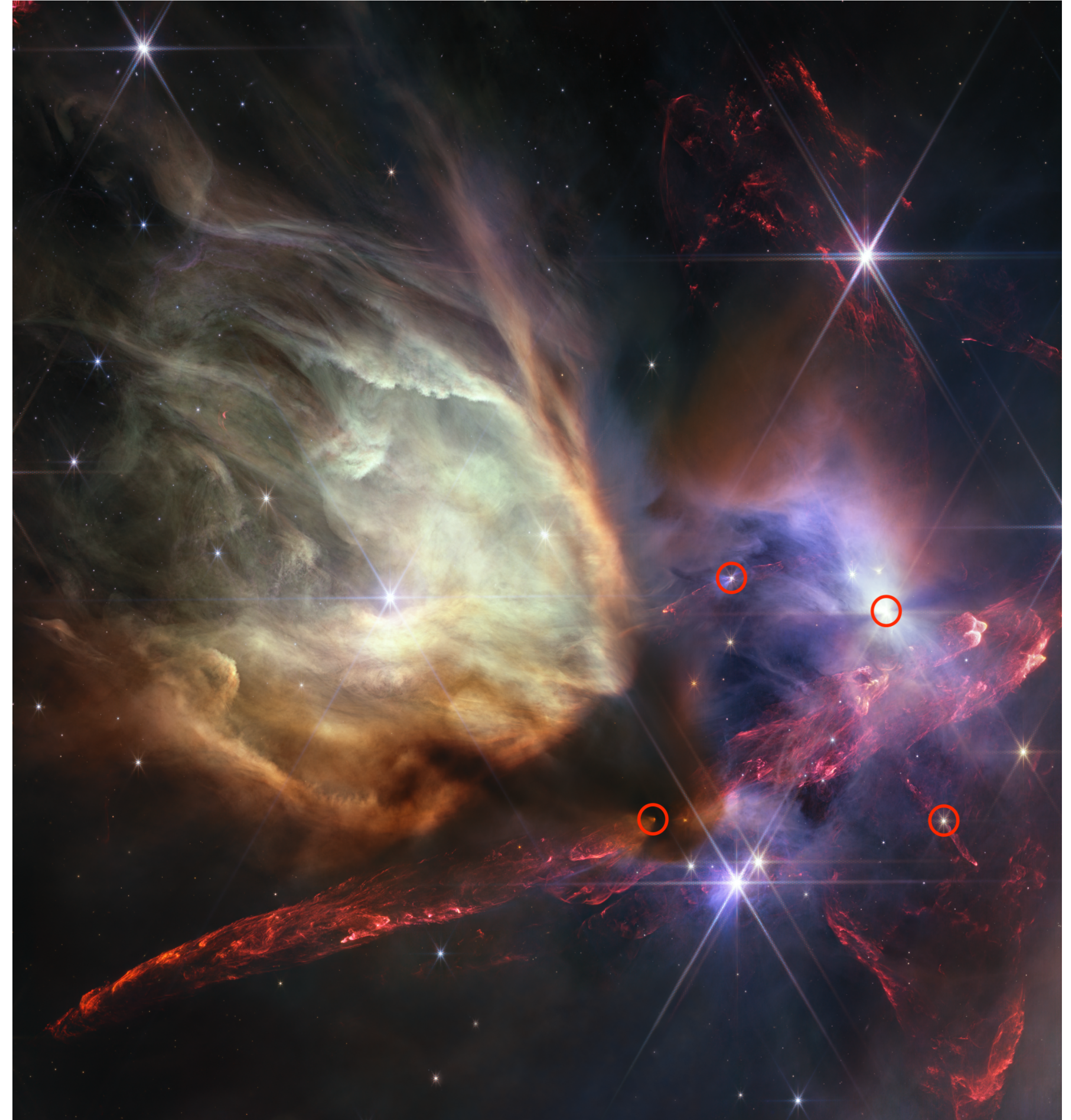
Protostellar jets



Appel

HST image of the Carina Nebula

Bally 2024



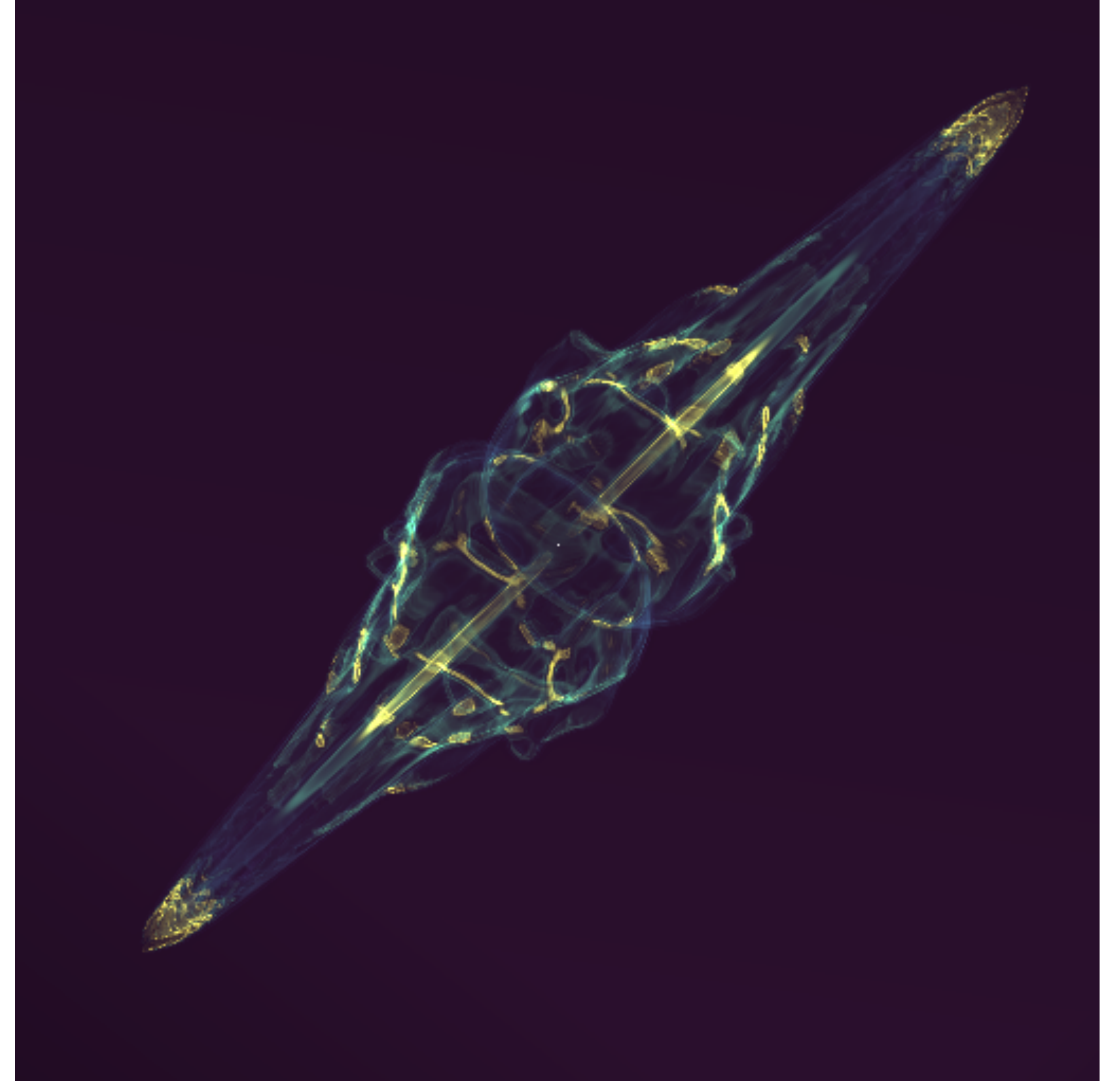
JWST image of ρ -Ophiuchus

Protostellar jets



JWST NIRCam image of HH 211

Ray et al. 2023; Bally 2024



Simulation of a protostellar jet

Appel et al. in prep.

Protostellar jets

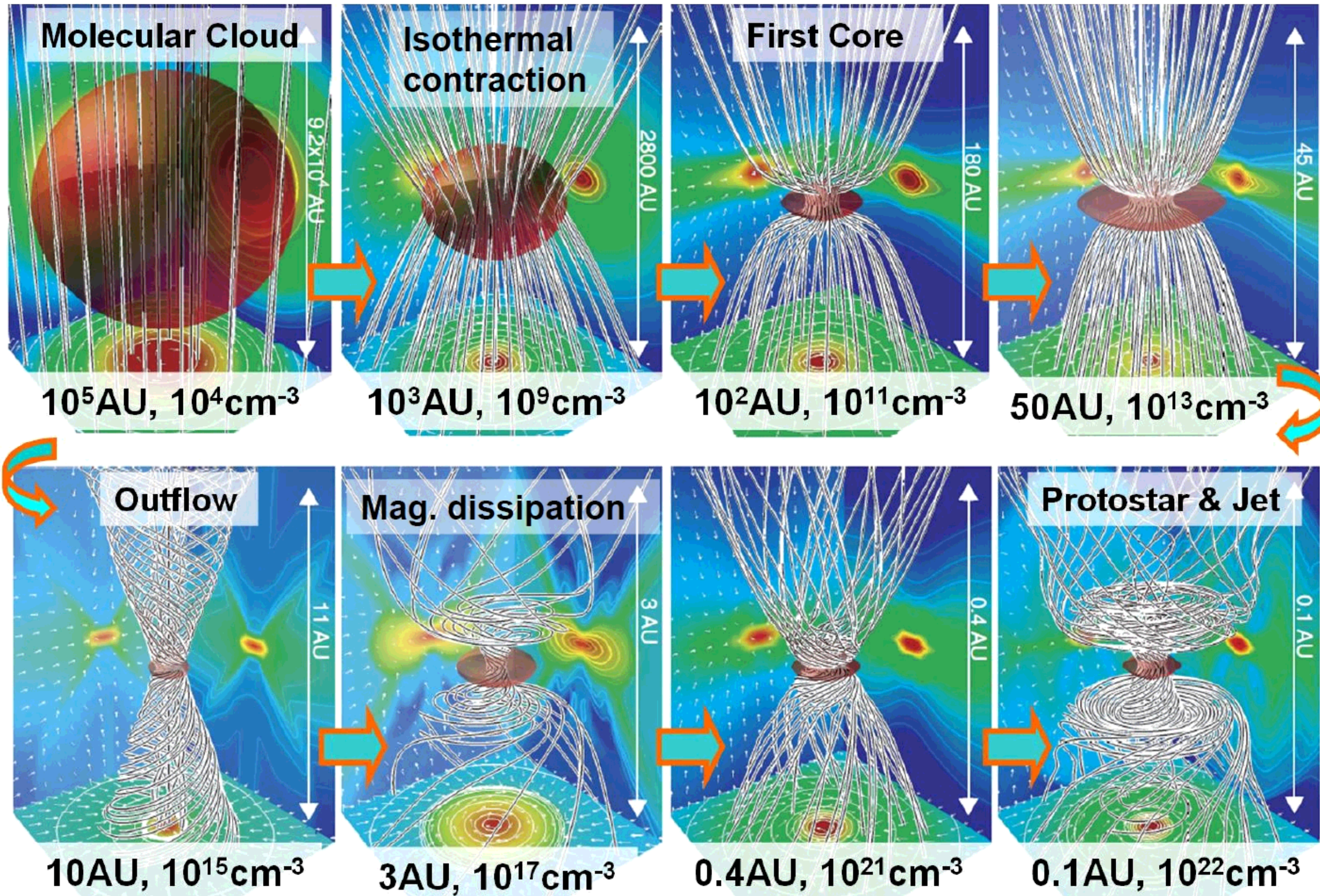
Protostellar jets are the earliest mode of feedback — launched during the accretion phase

Injected by protostars of all masses
e.g., Shepherd & Churchwell 1996

Jets drive **turbulence** in the cloud
e.g., Nakamura & Li 2007

Significantly alter **SFE, IMF, etc.**
e.g., Federrath 2015, Guszejnov et al. 2021, Appel et al. 2022,

Insufficient to disperse GMCs
e.g., Chevance et al. 2023



Machida 2017, Bally 2024

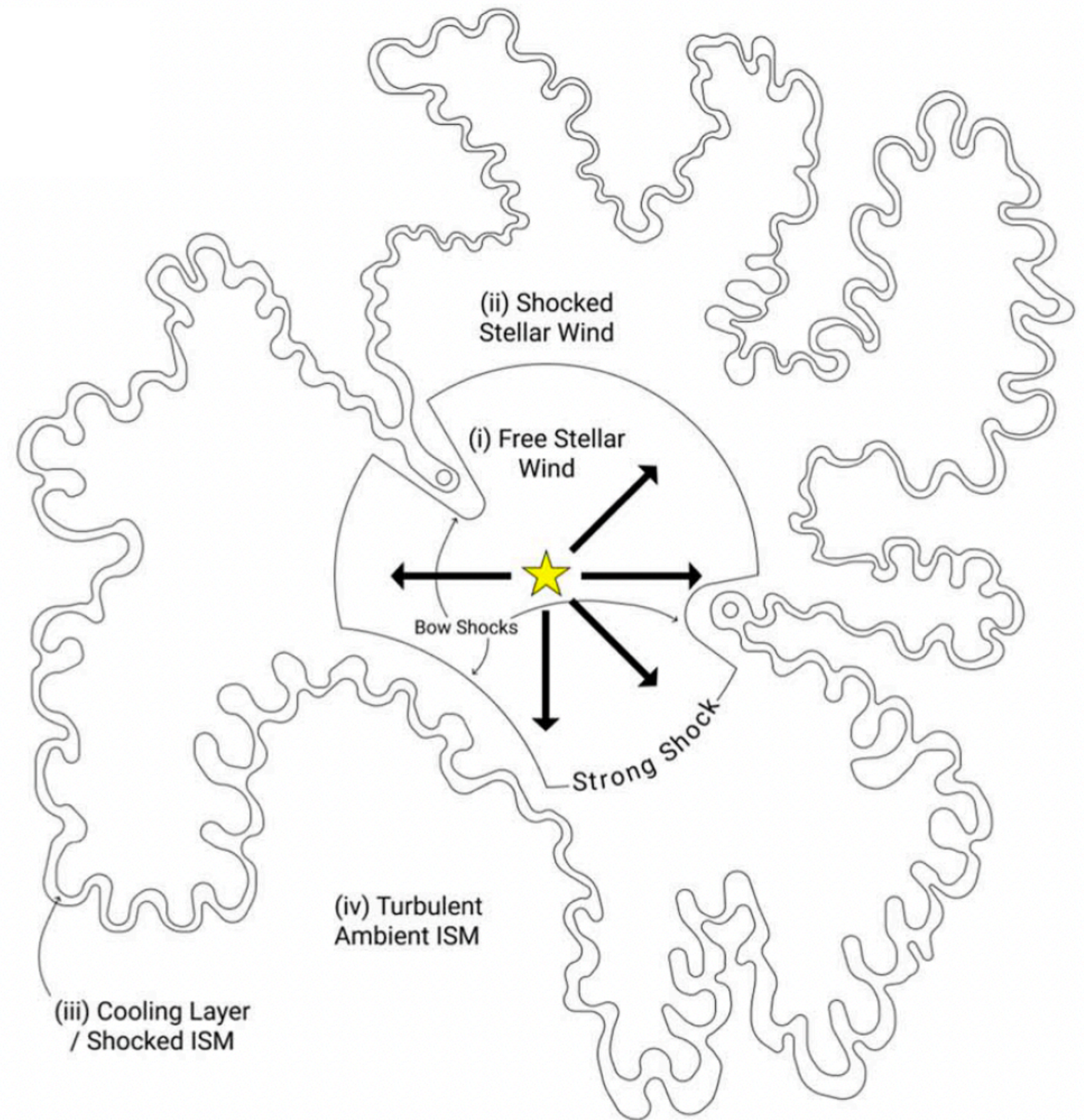
Stellar Winds

Winds inject high velocity material into the gas

Spherical* injection of high velocity gas, creating bubbles of hot gas
e.g., Rosen et al. 2014; Lancaster et al. 2021a,b,c, 2024

Inject turbulence into the gas; drive gas out of star-forming regions
e.g., Rosen et al. 2014; Geen et al. 2023

Winds deposit enriched material
e.g., Lancaster et al. 2021a



Radiative feedback

Photoionization heating (EUV),
Photoelectric heating (FUV),
& Radiation pressure

Ionizing radiation produces HII
regions of expanding, ionized gas

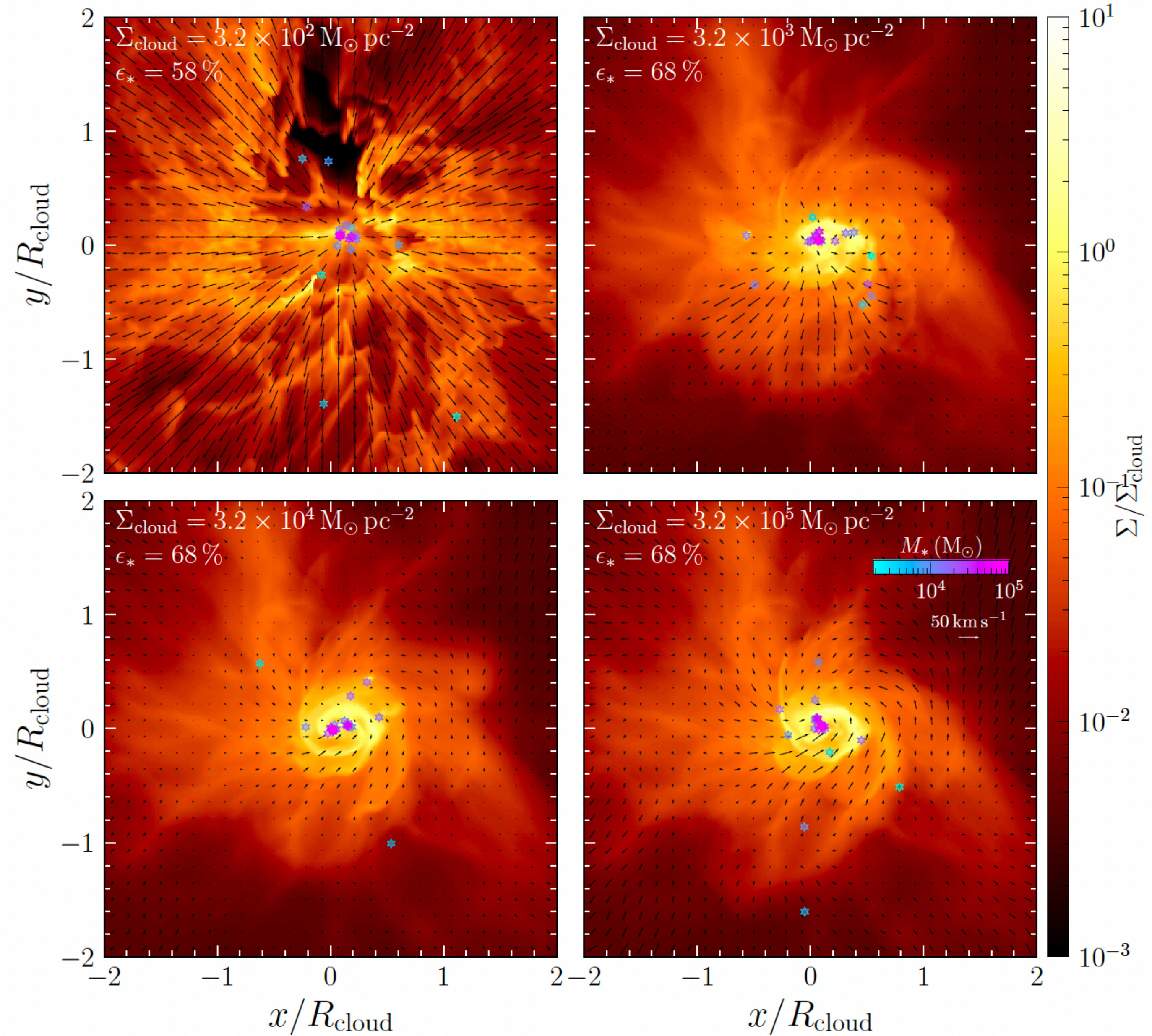
This alters the gas morphology;
drives **turbulence** in the ISM; and
can drive outflows from clusters

e.g., Menon et al. 2021, 2023;

Habart et al. 2024

Radiative feedback shapes the IMF
and limits the SFE of dense cores

e.g., Guszejnov et al. 2016; Rosen &
Krumholz 2020; Menon et al. 2024

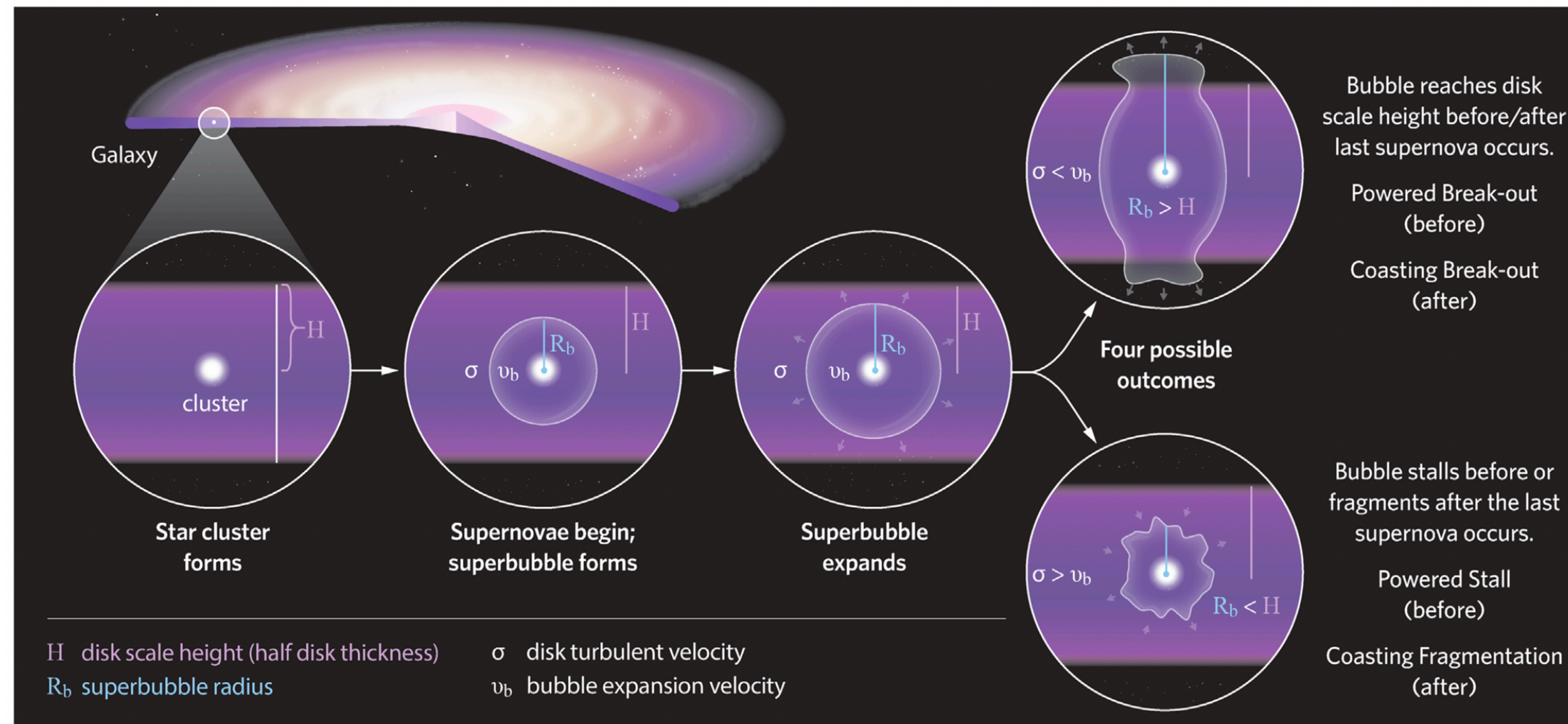
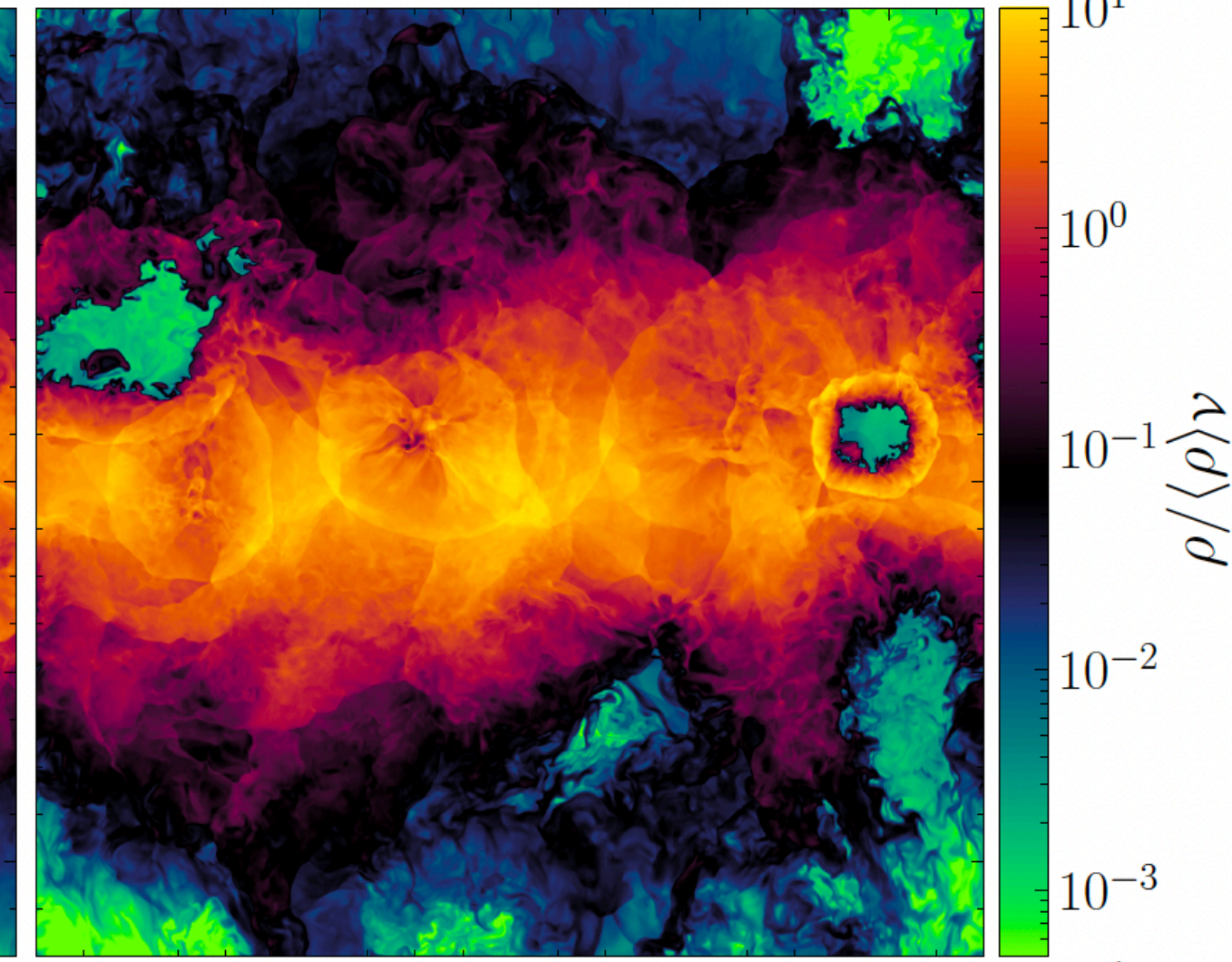
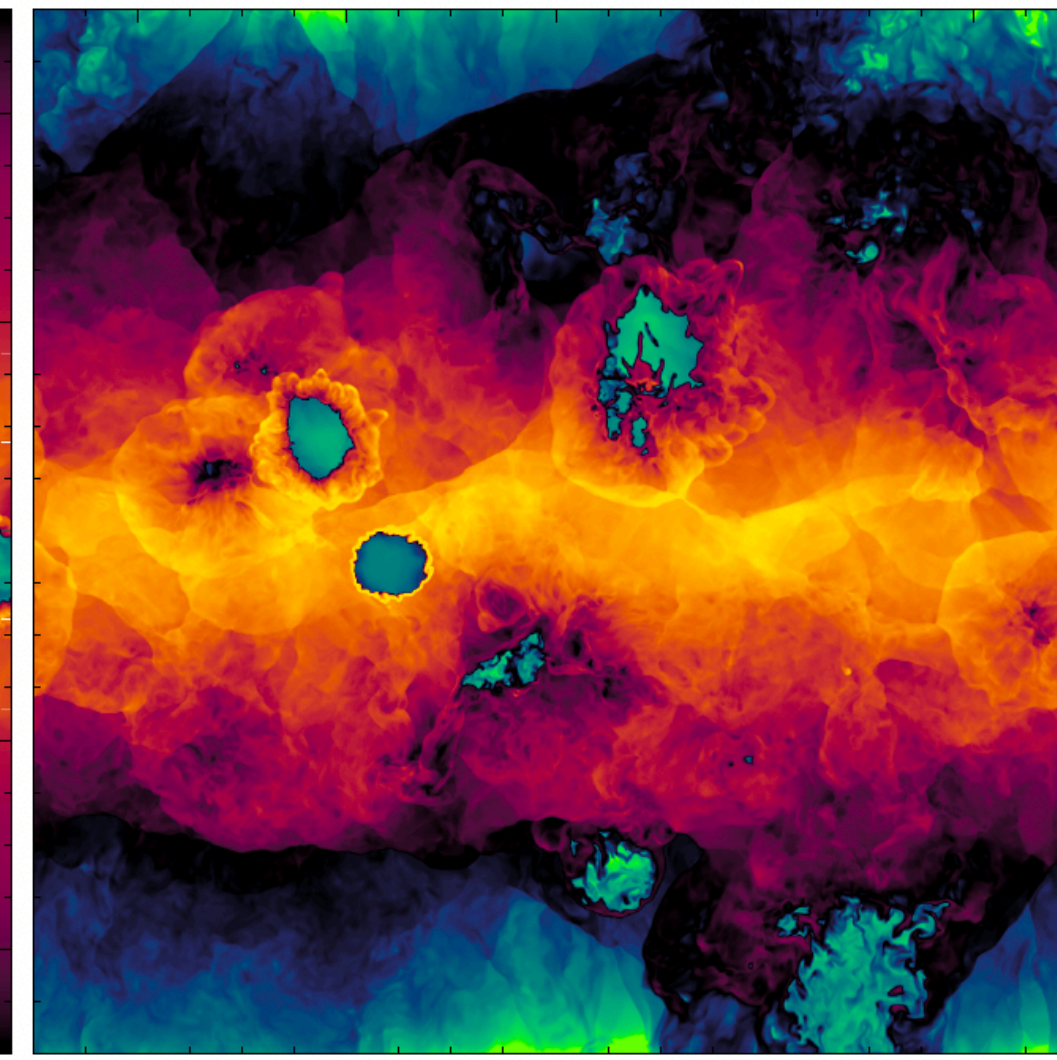
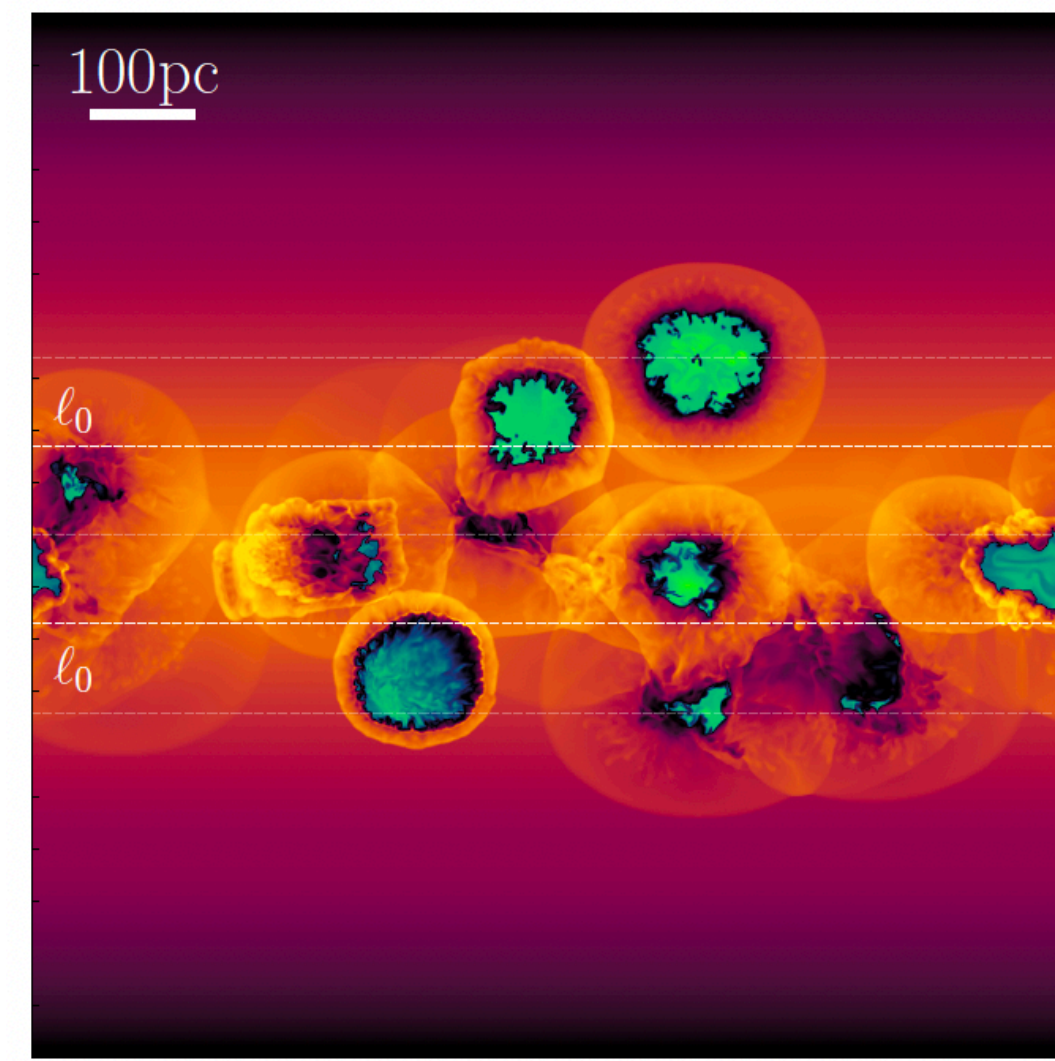


Menon et al. 2023

Supernovae

SNe occur late in star formation

SNe inject large amounts of energy and momentum at the largest scales



Beattie et al. 2025

Drives **turbulence** on the galactic scale
e.g., Beattie et al. 2025

Clustered SNe drive superbubbles which drive: galactic-scale **turbulence**, galactic morphology, and outflows into the local CGM
e.g., Mac Low & McCray 1988; Mac Low & Ferrara 1999; Orr et al. 2022

Other feedback: interacting binaries, post main sequence stars

Stellar evolution is complicated!

This will contribute to stellar feedback

Most stars are in multiple systems:

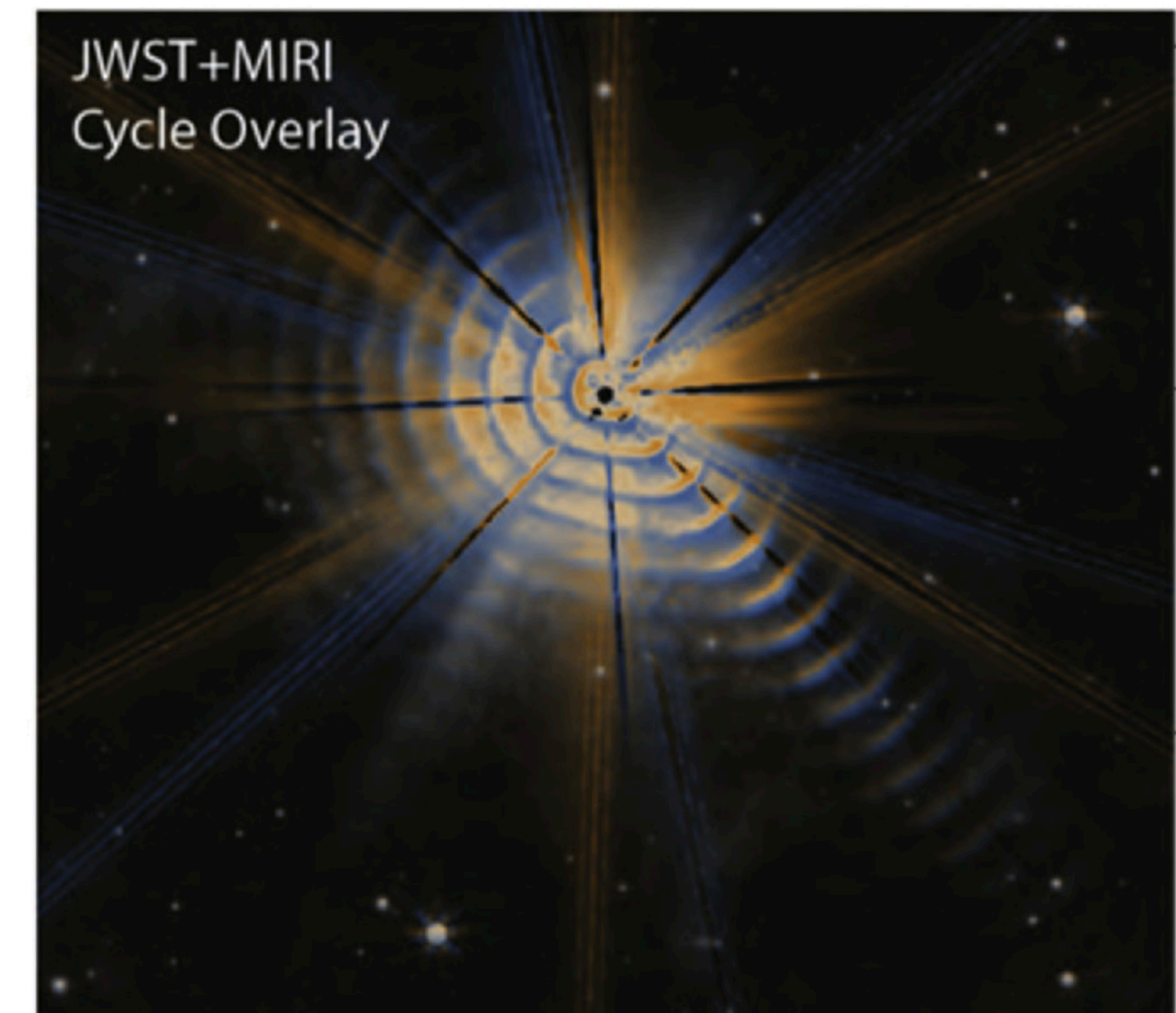
Binary interactions enhances winds and radiation

e.g., Cournoyer-Cloutier et al. 2021; 2024 (incl. SMA);
submitted (incl. SMA)

Post main sequence evolutionary stages can
introduce new ejecta modes and strengths

e.g., Crowther 2007; Ventura et al. 2020;
Fitchner et al. 2022

Example: WR binary stars



Lieb et al. 2025

Movie from Claude Cournoyer-Cloutier

Appel



**Look out for a paper on arXiv in ~month:
Cournoyer-Cloutier et al. (incl. SMA) 2025 (submitted)**

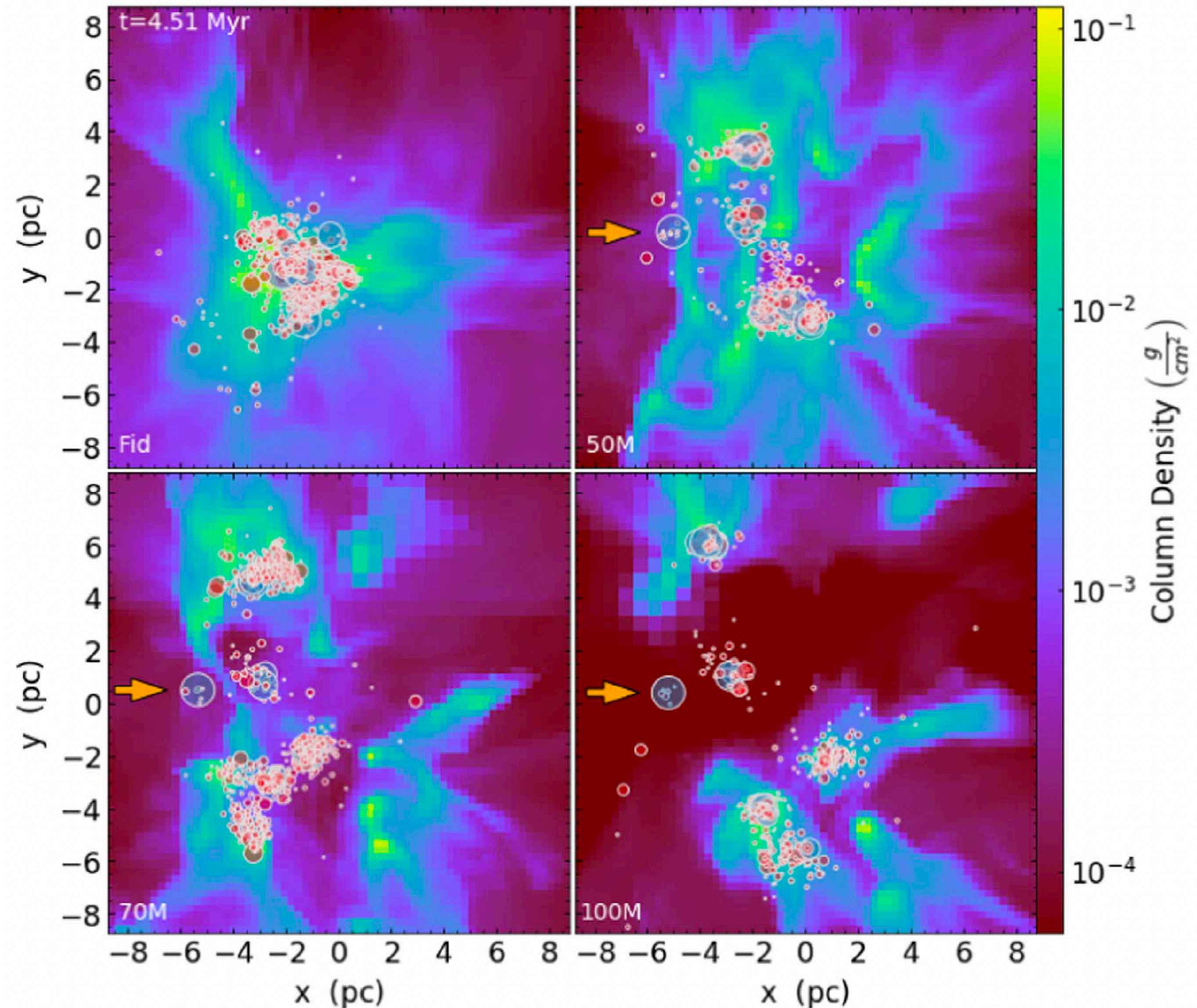
Other considerations: timing and interactions between modes

Early forming massive stars can halt star formation, alter cluster properties
e.g., Lewis et al. 2023

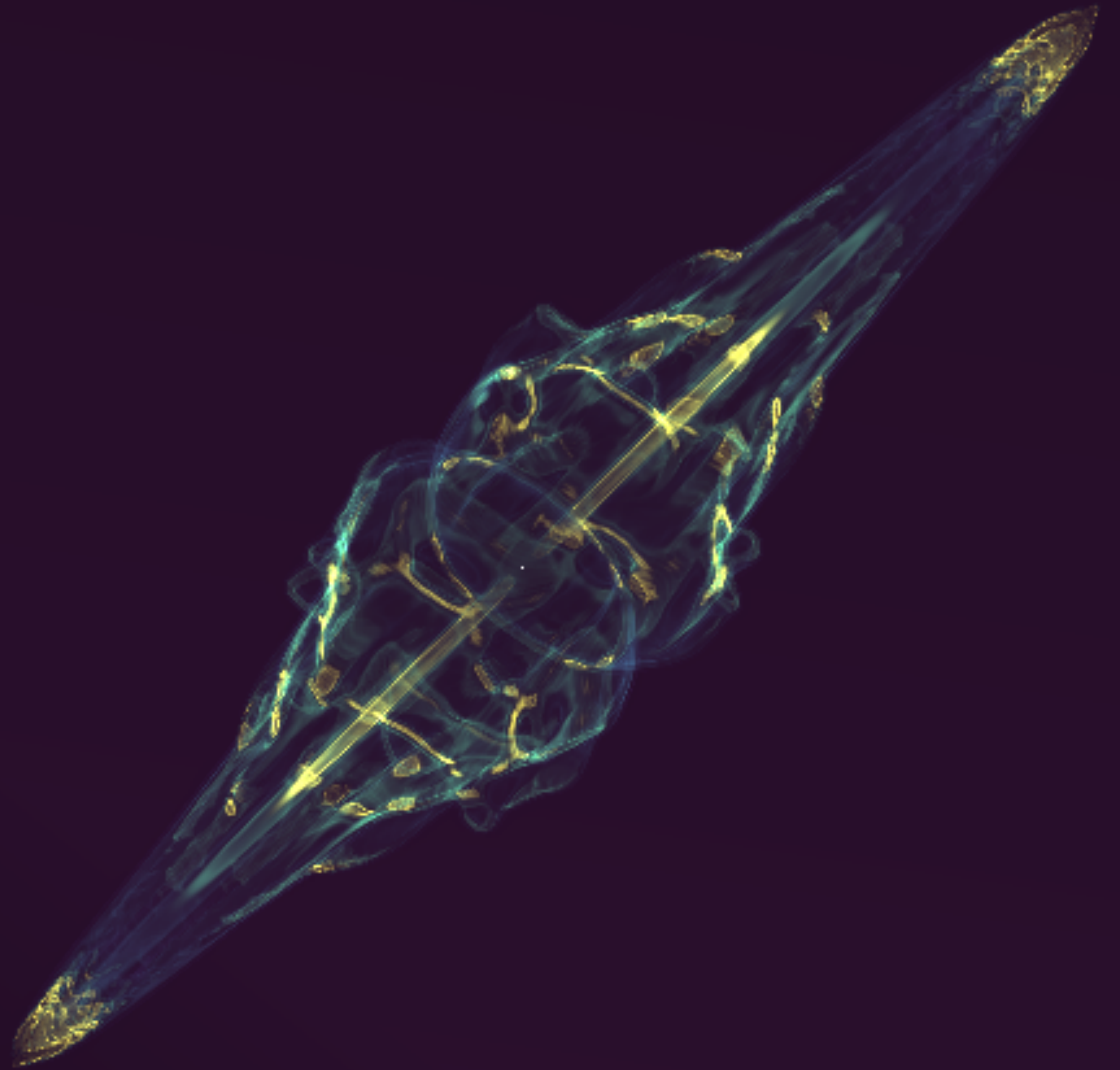
Interactions between feedback modes can alter the impact

Jets can allow radiation to escape more efficiently
e.g., Rosen & Krumholz 2020

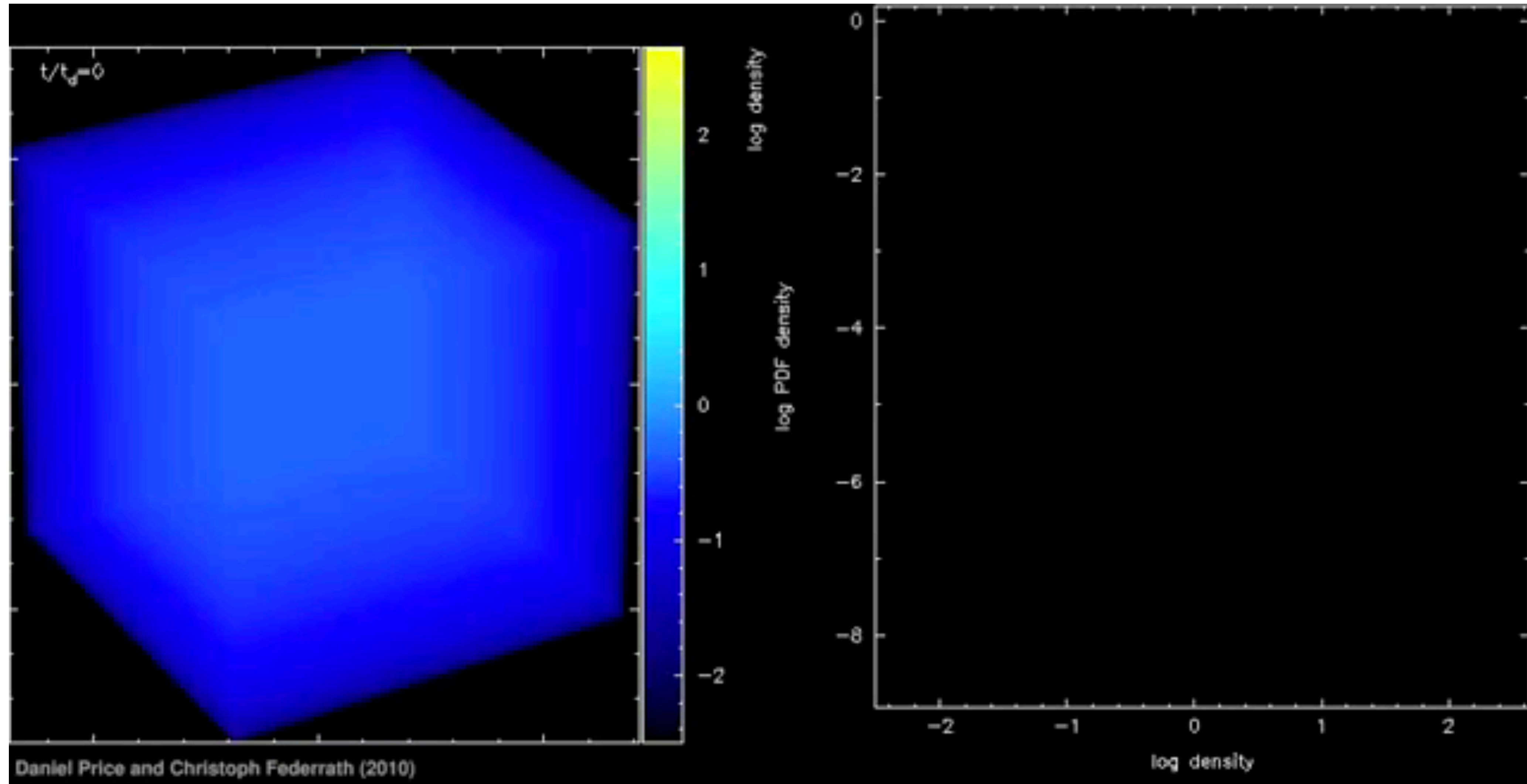
Pre-SN feedback alters the role of SNe!
e.g., yesterday's talks!



Stellar Feedback and Star-forming gas

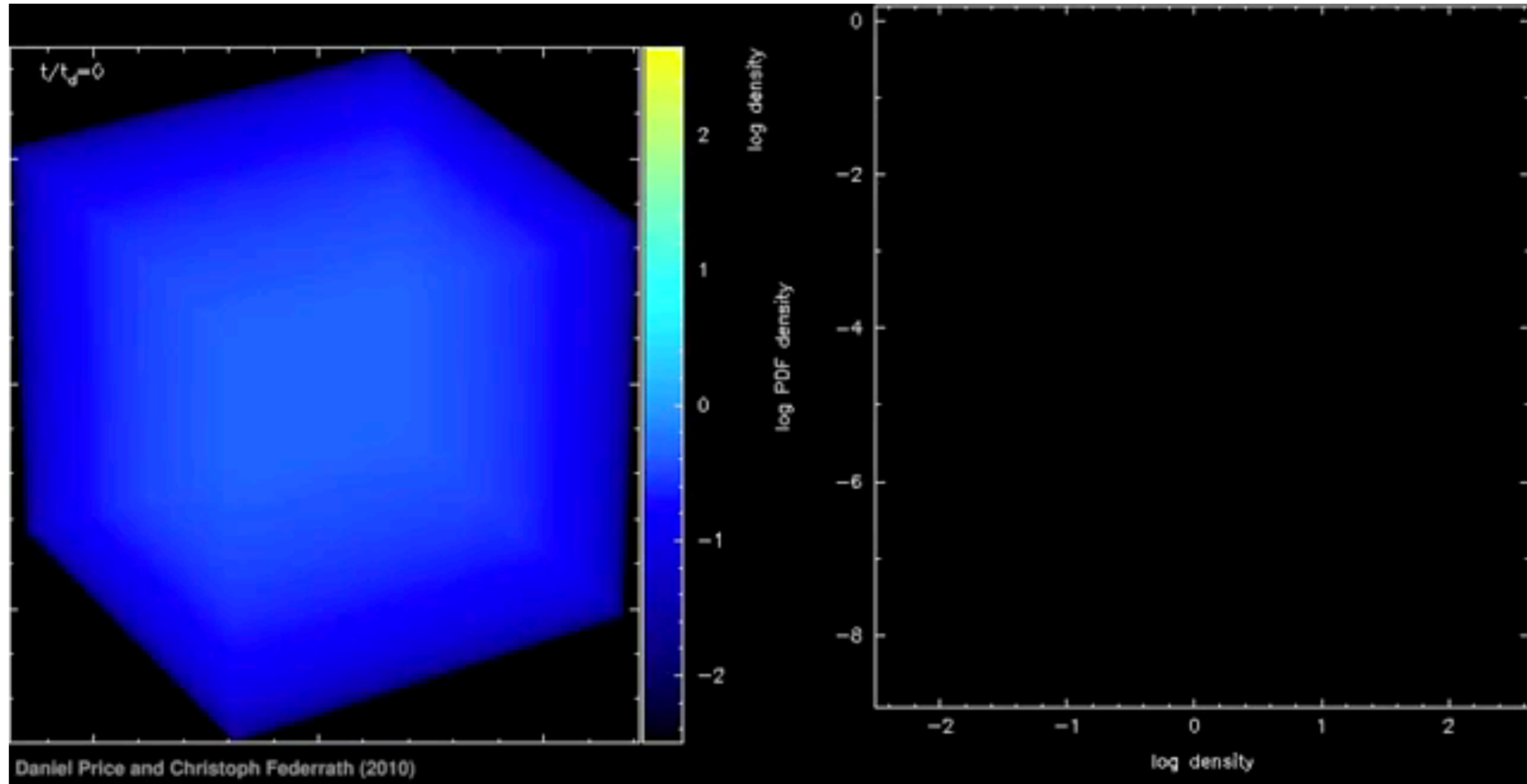


The statistics of supersonic turbulence predict a lognormal density PDF



Price & Federrath 2010

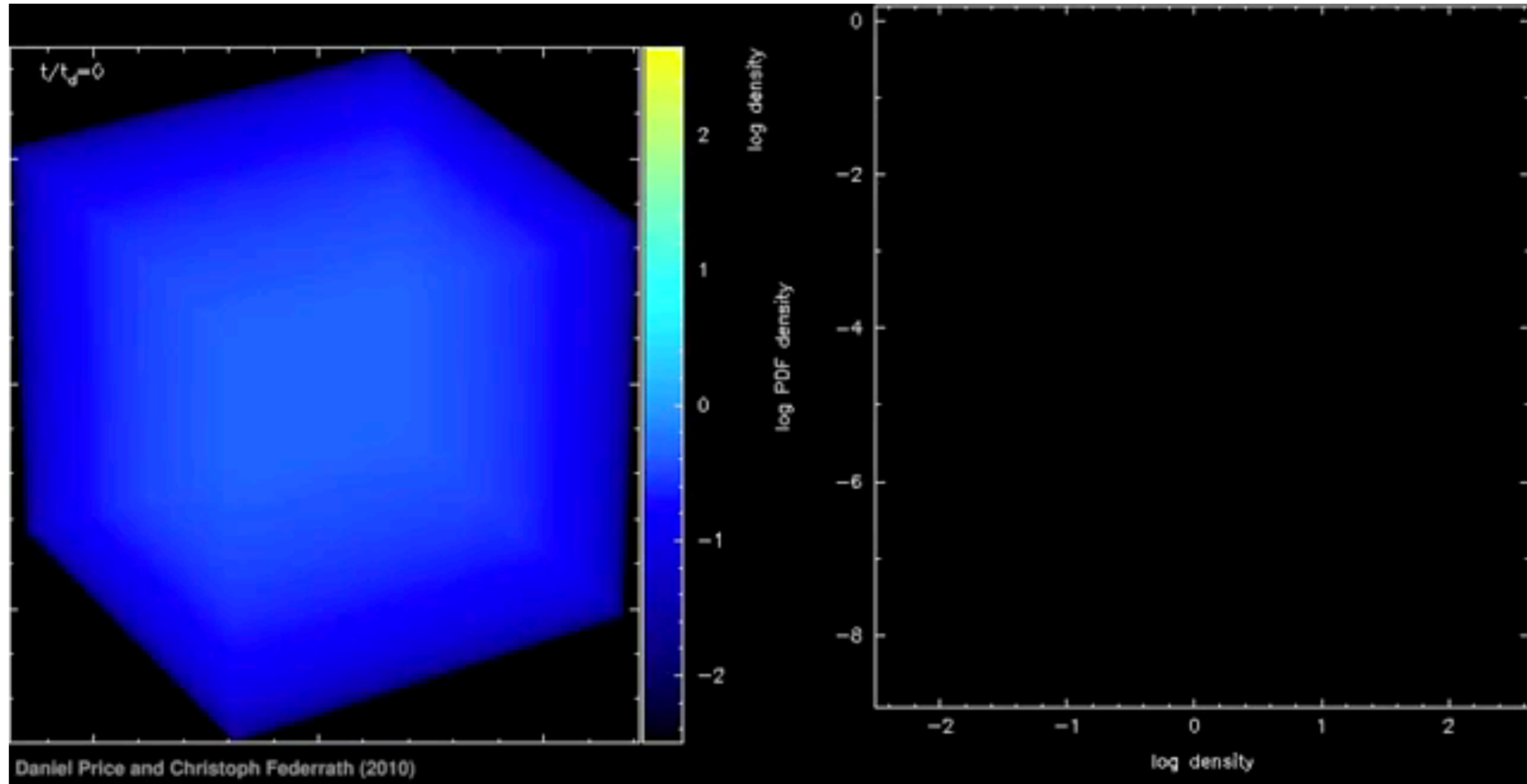
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Width given by: $\sigma_s^2 = \ln [1 + b^2 \mathcal{M}_s^2]$

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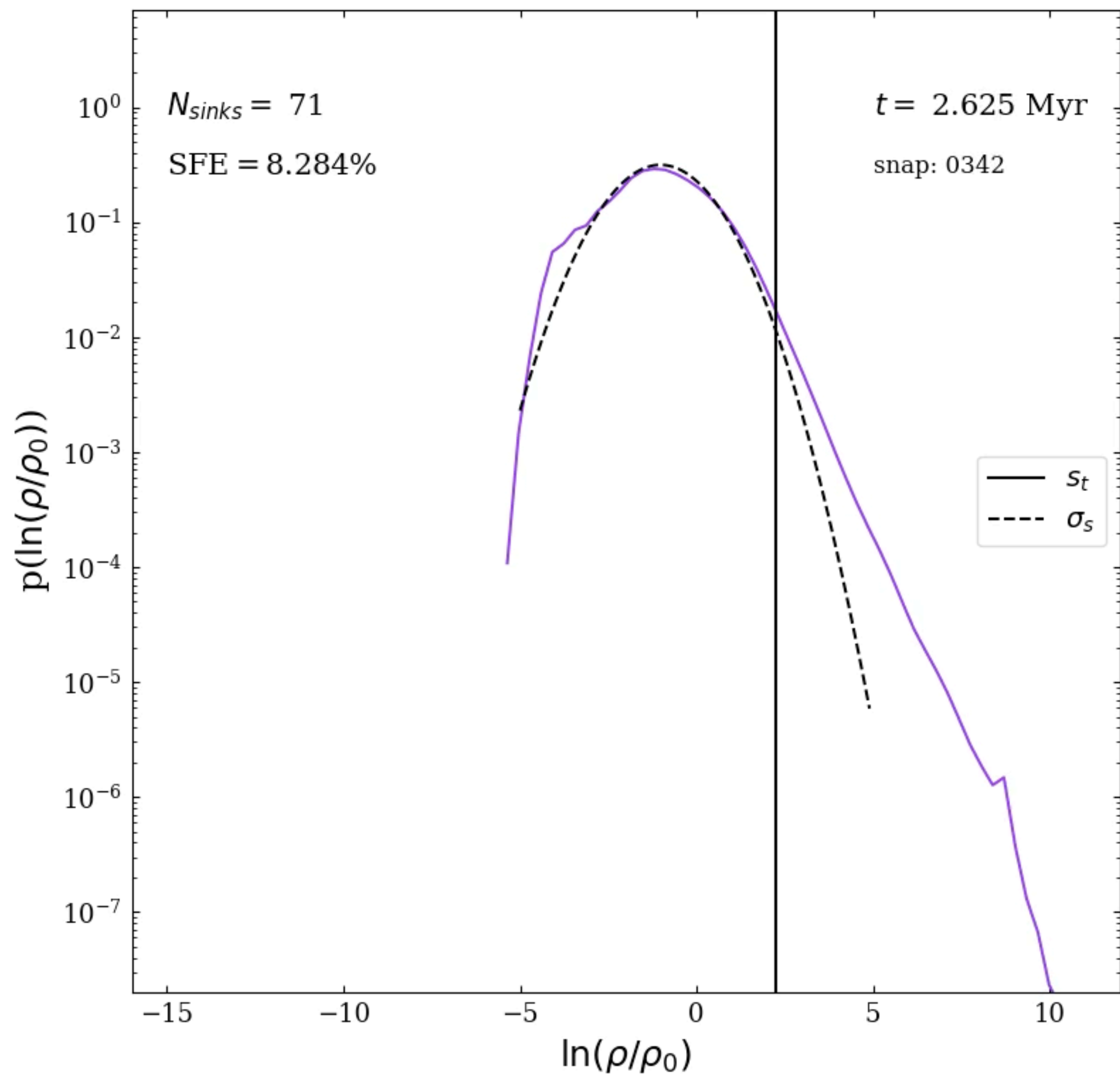


Price & Federrath 2010

The piecewise density PDF

Turbulence produces a lognormal distribution

$$\sigma_s^2 = \ln \left[1 + b^2 \mathcal{M}_s^2 \right]$$



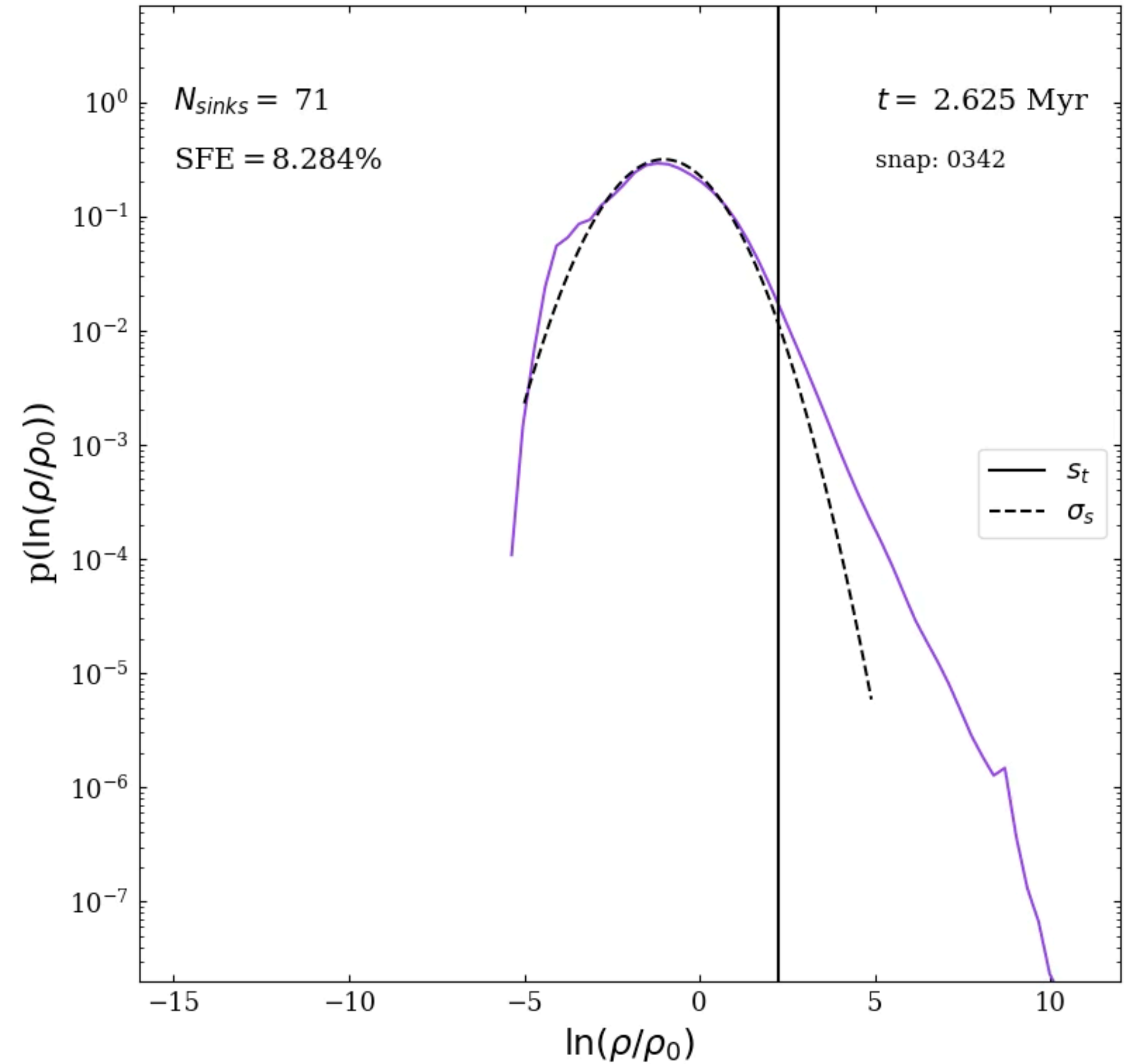
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Gravity produces a power-law distribution

$$p(s) \propto \alpha s$$



The piecewise density PDF

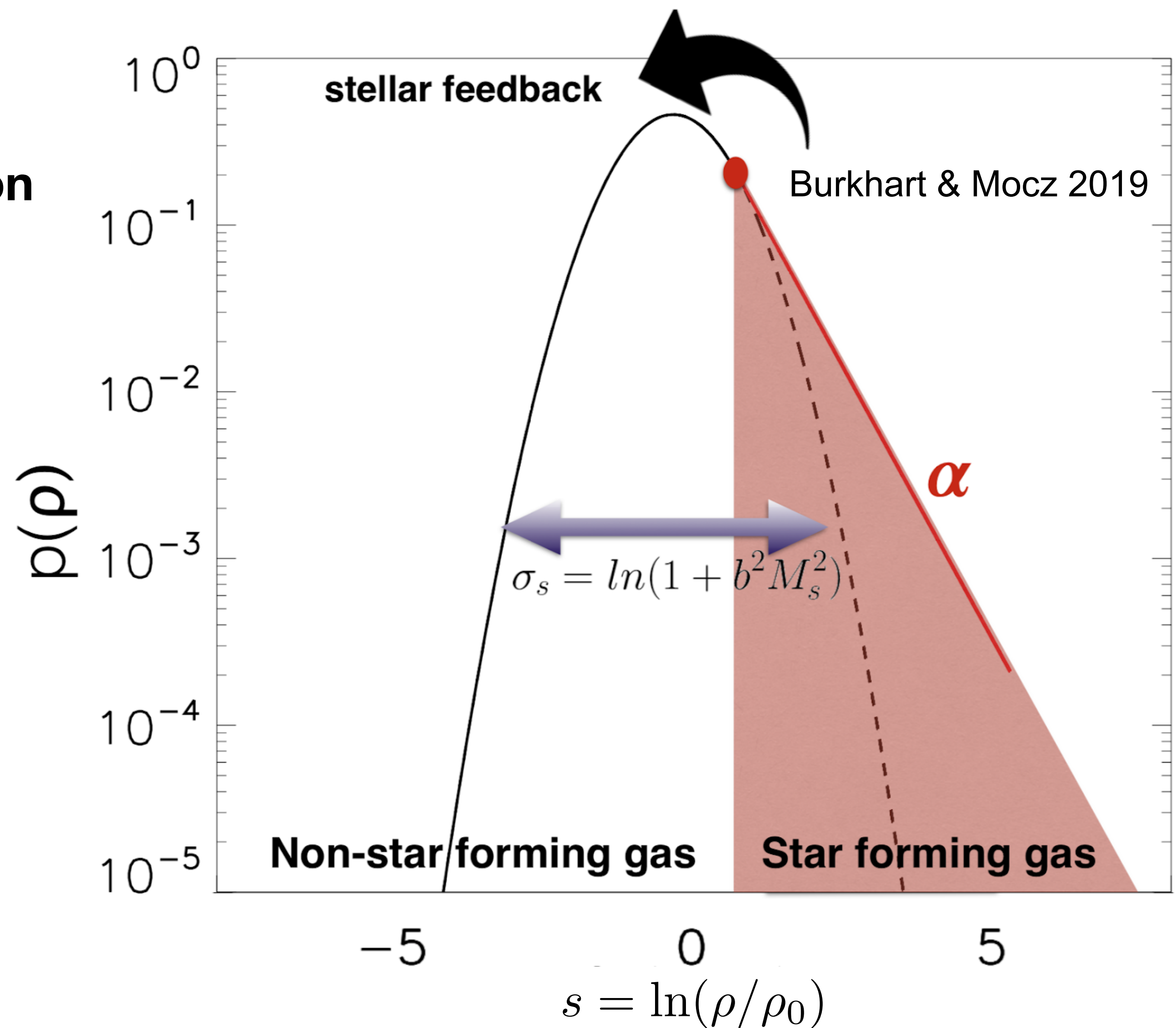
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The piecewise density PDF

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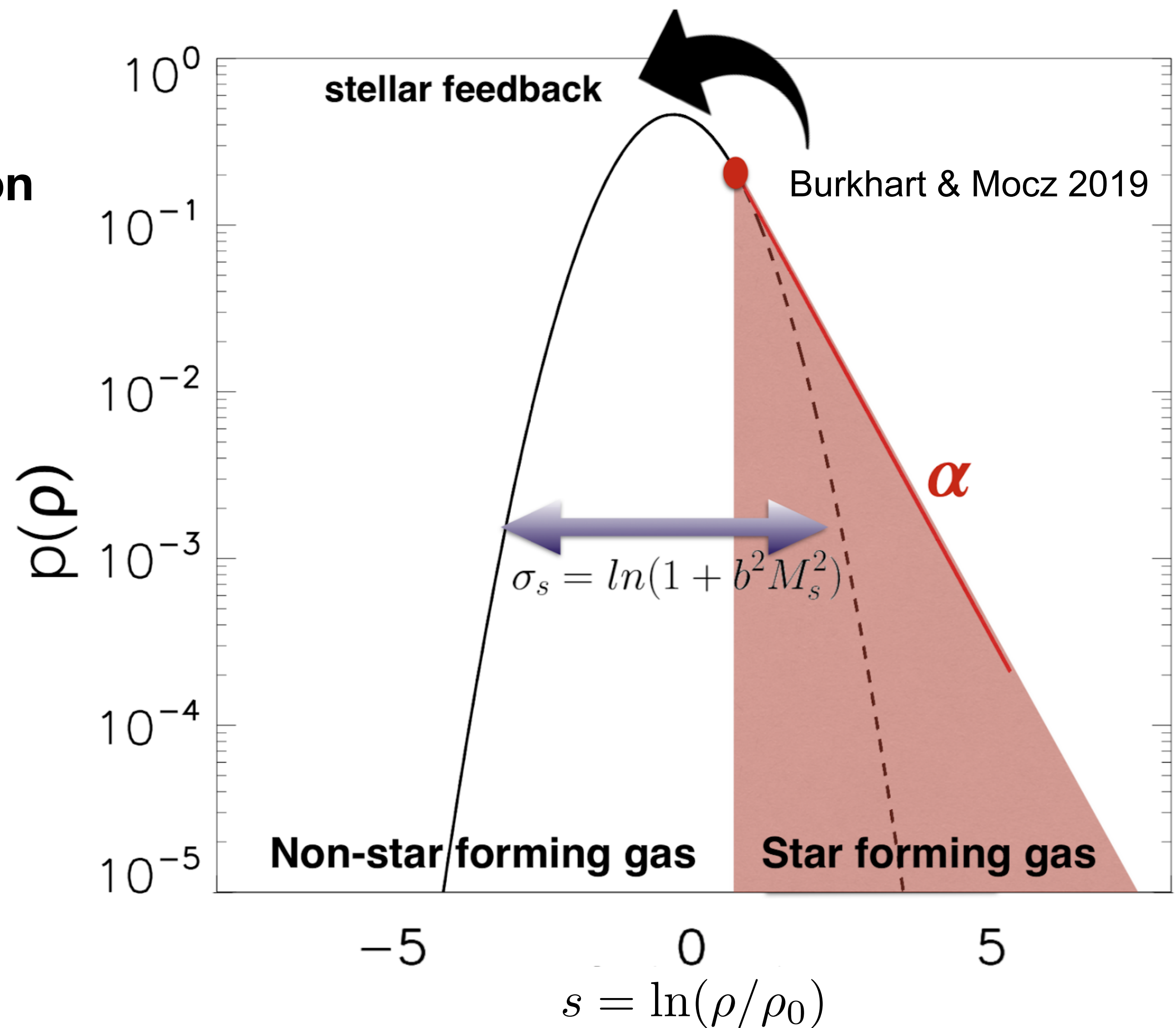
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Theoretical Transition Density:

$$s_t = (\alpha - 1/2) \sigma_s^2$$



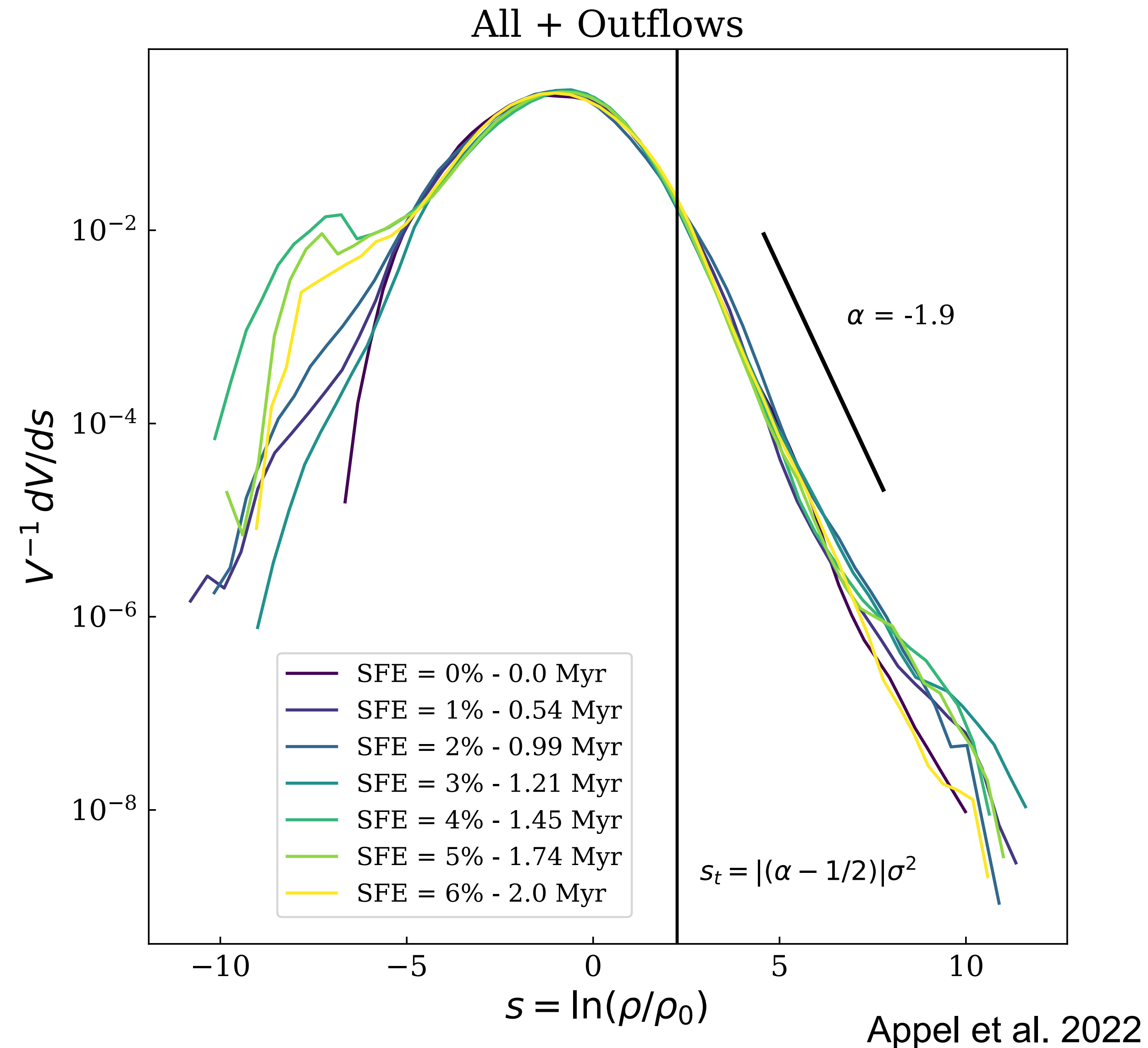
Analytic models of star formation: the density PDF and feedback

Stellar feedback alters the shape of the density PDF

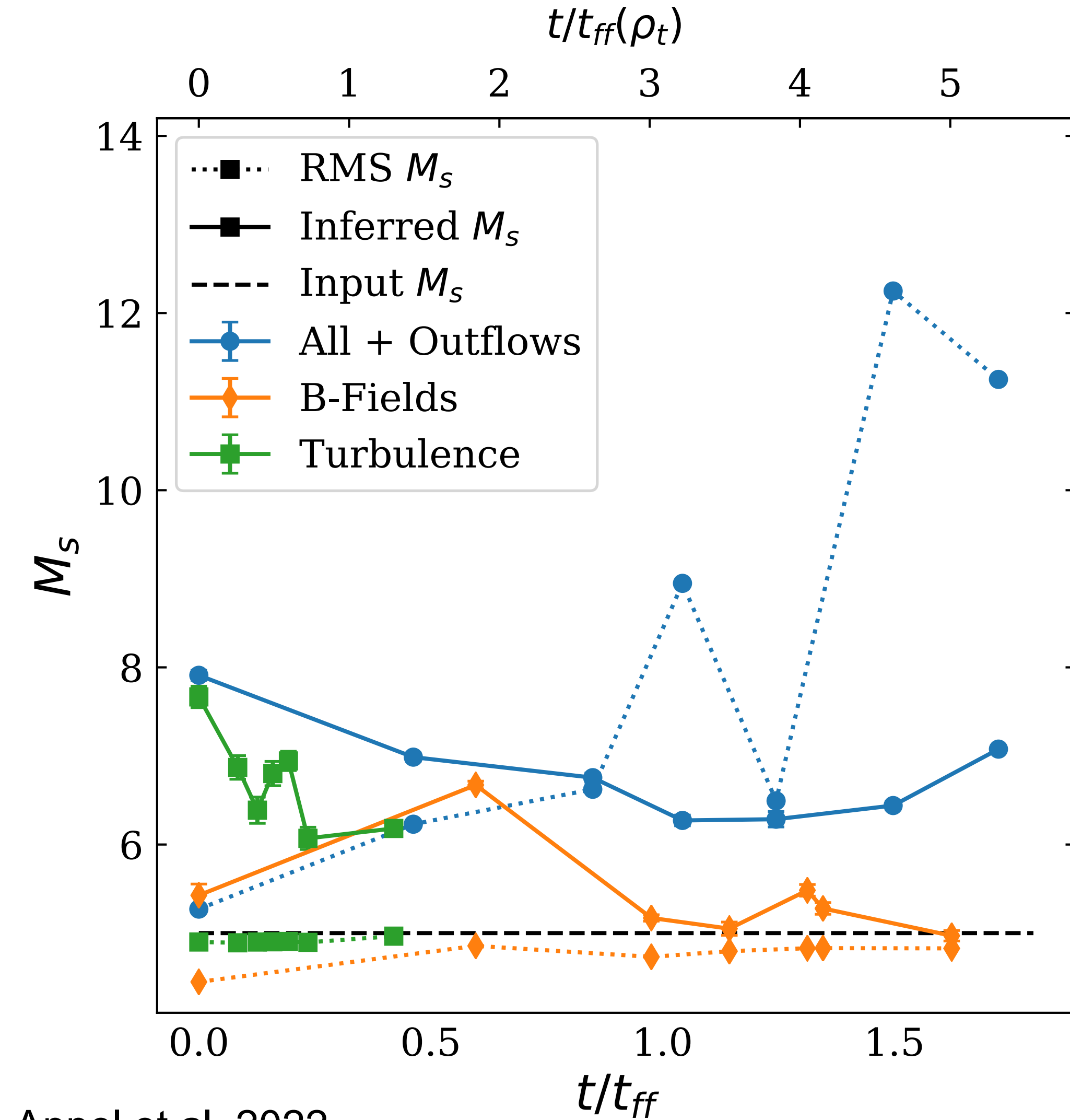
Clear lognormal peak

Power law tail due to self-gravity

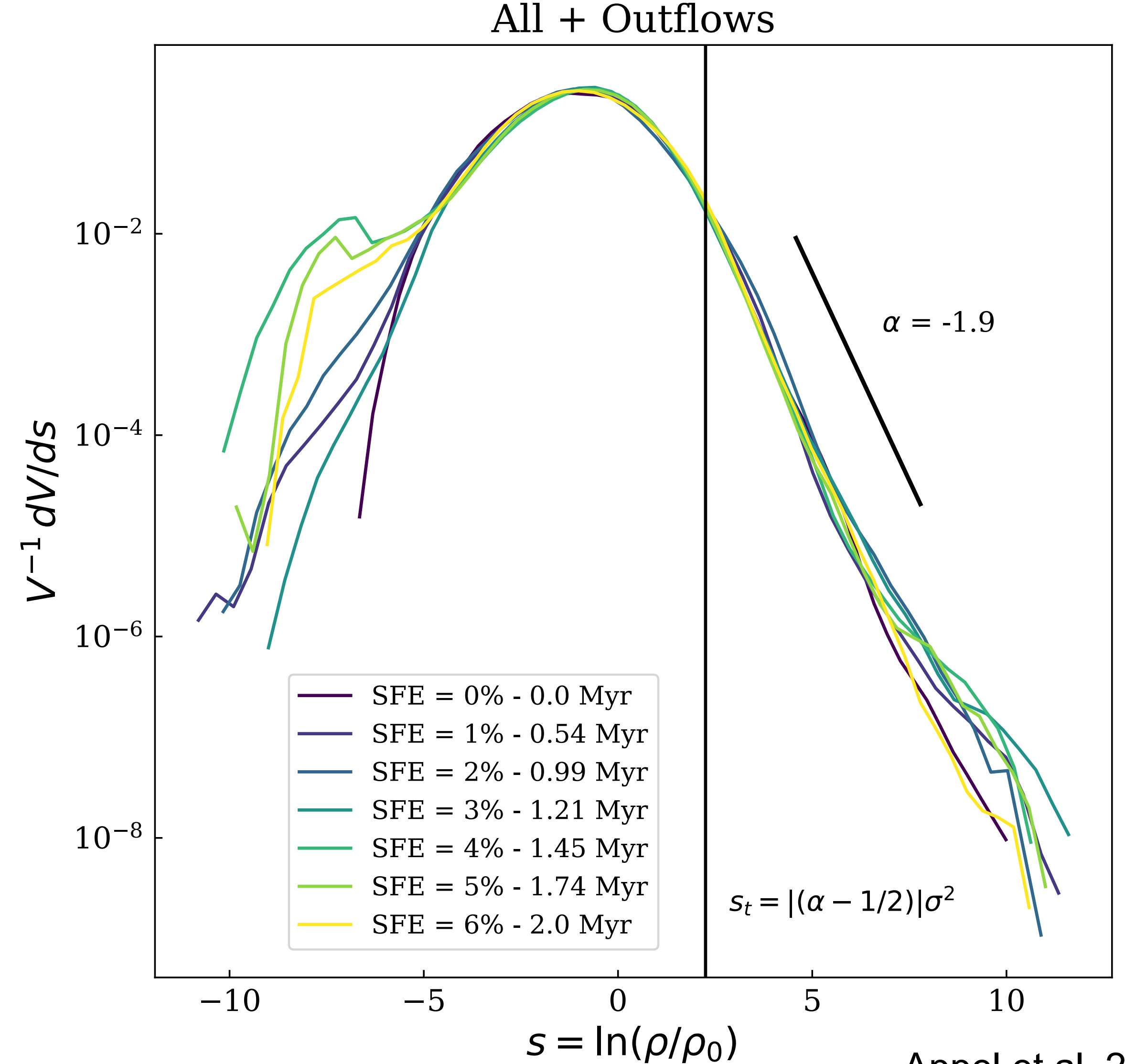
Non-lognormal, time-varying features



Analytic models of star formation: the Mach number



Appel et al. 2022



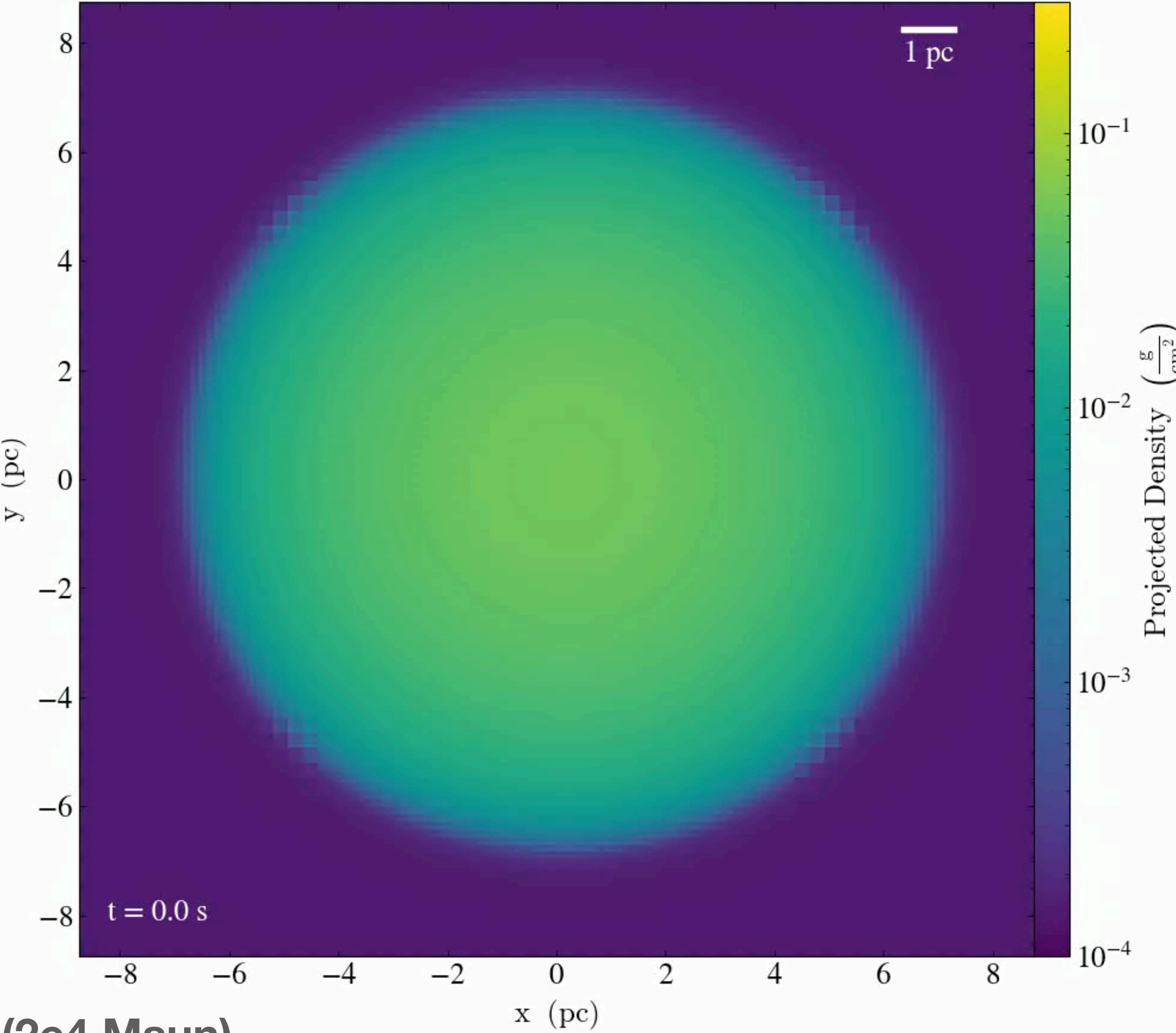
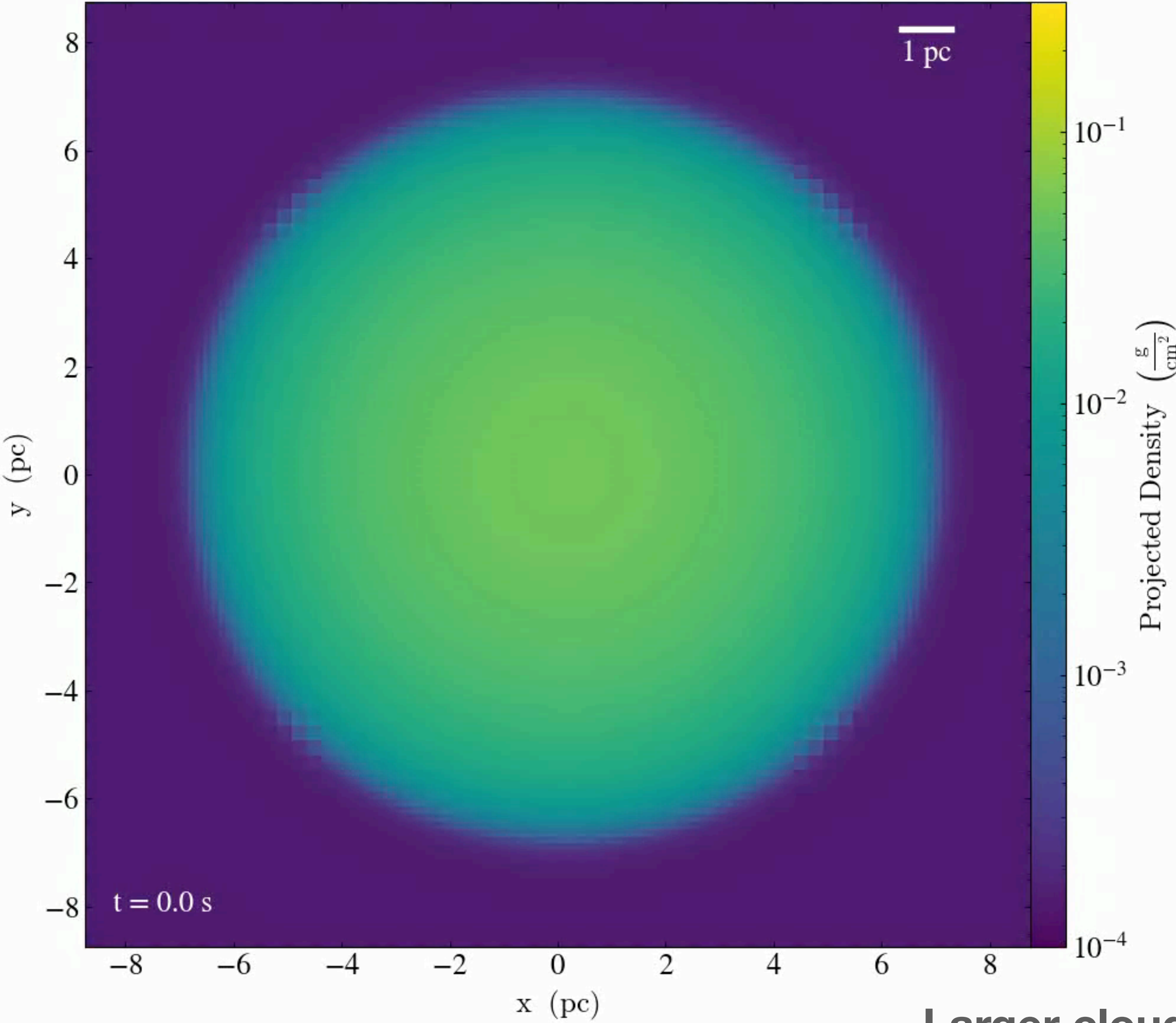
Appel et al. 2022

Stellar feedback increases the sonic Mach number

Torch (AMUSE + FLASH) is optimized to simulate star cluster formation and evolution

No Jets

With Jets



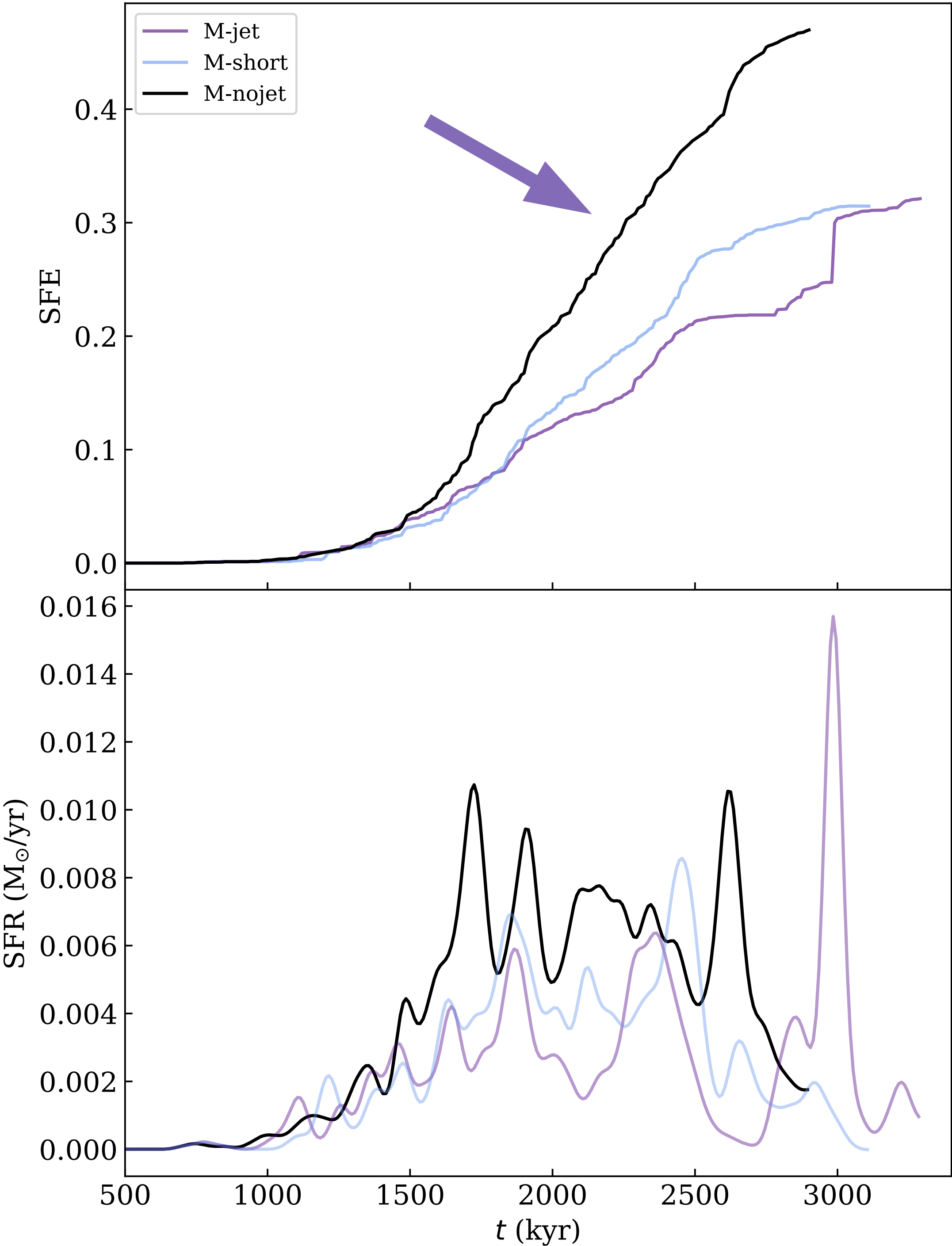
Larger clouds ($2e4 \text{ Msun}$)

Jets slow star formation

The inclusion of jets significantly slows star formation

Larger clouds (2e4 Msun)

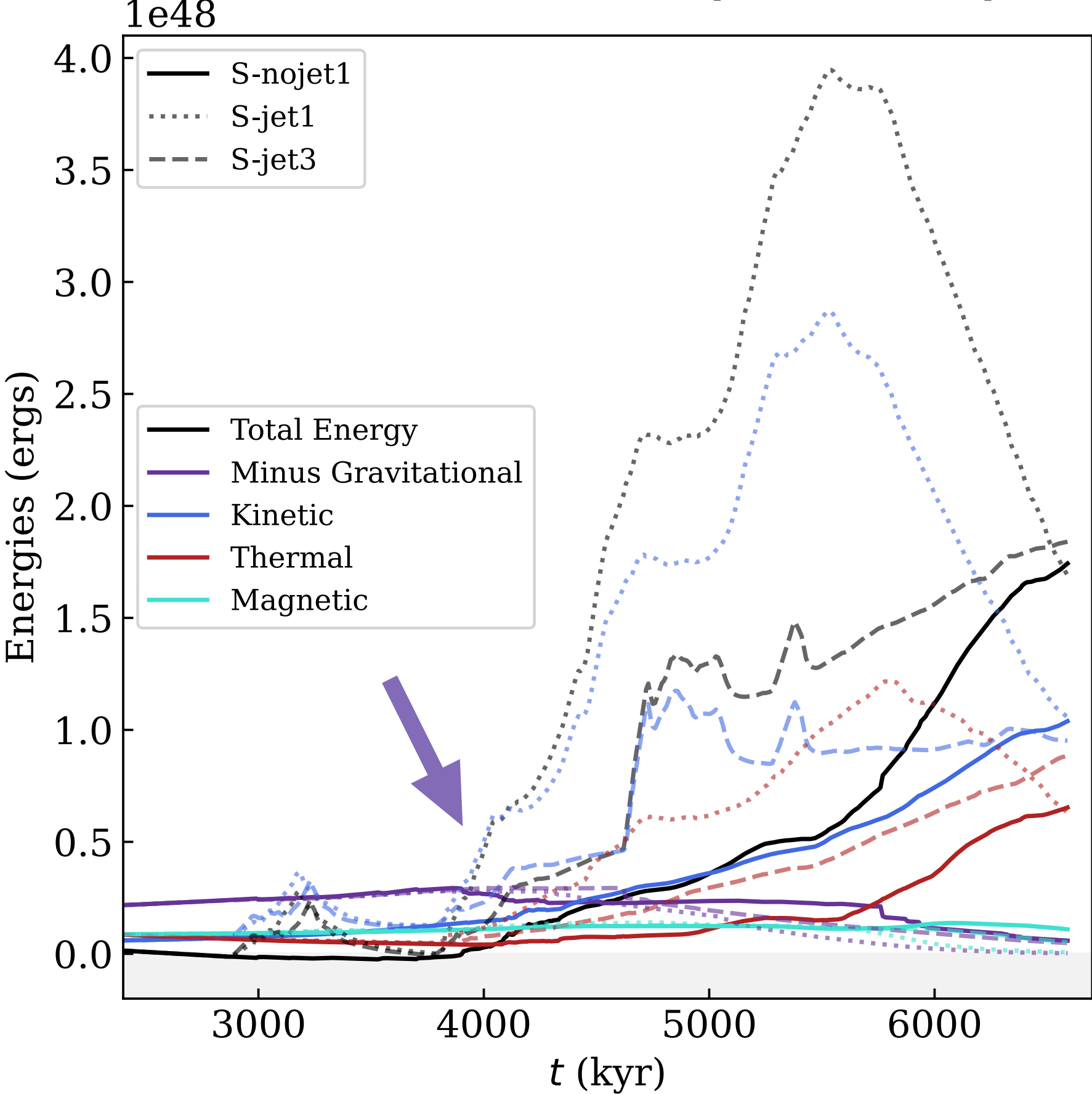
Appel et al. in prep.



Analytic models of star formation: the gas energetics

Stellar feedback increases the energy of the gas (esp. the kinetic energy)

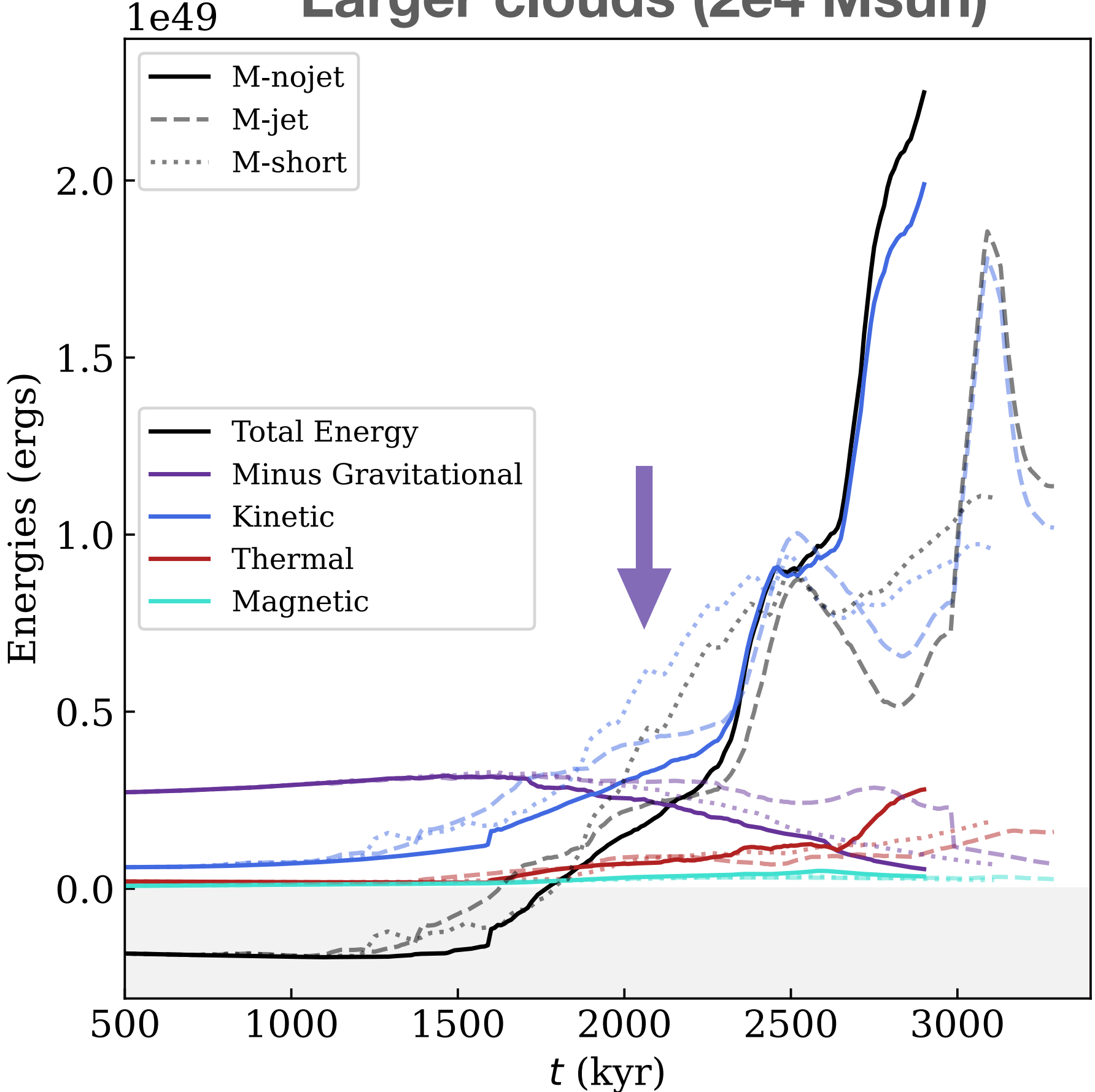
Small clouds (5e3 Msun)



Jets increase the energy right away

Solid lines \rightarrow without jets
Dash/dotted lines \rightarrow with jets

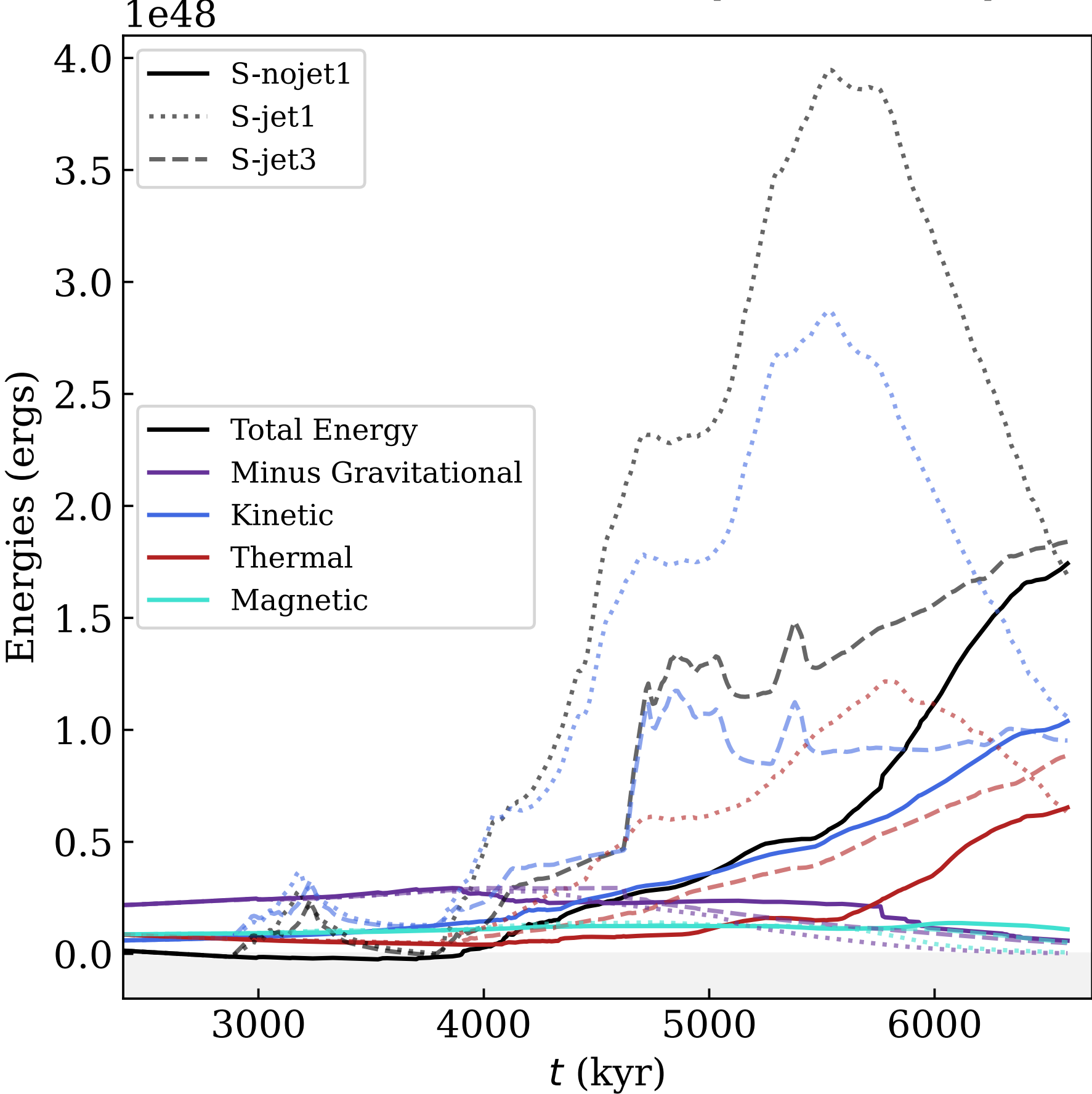
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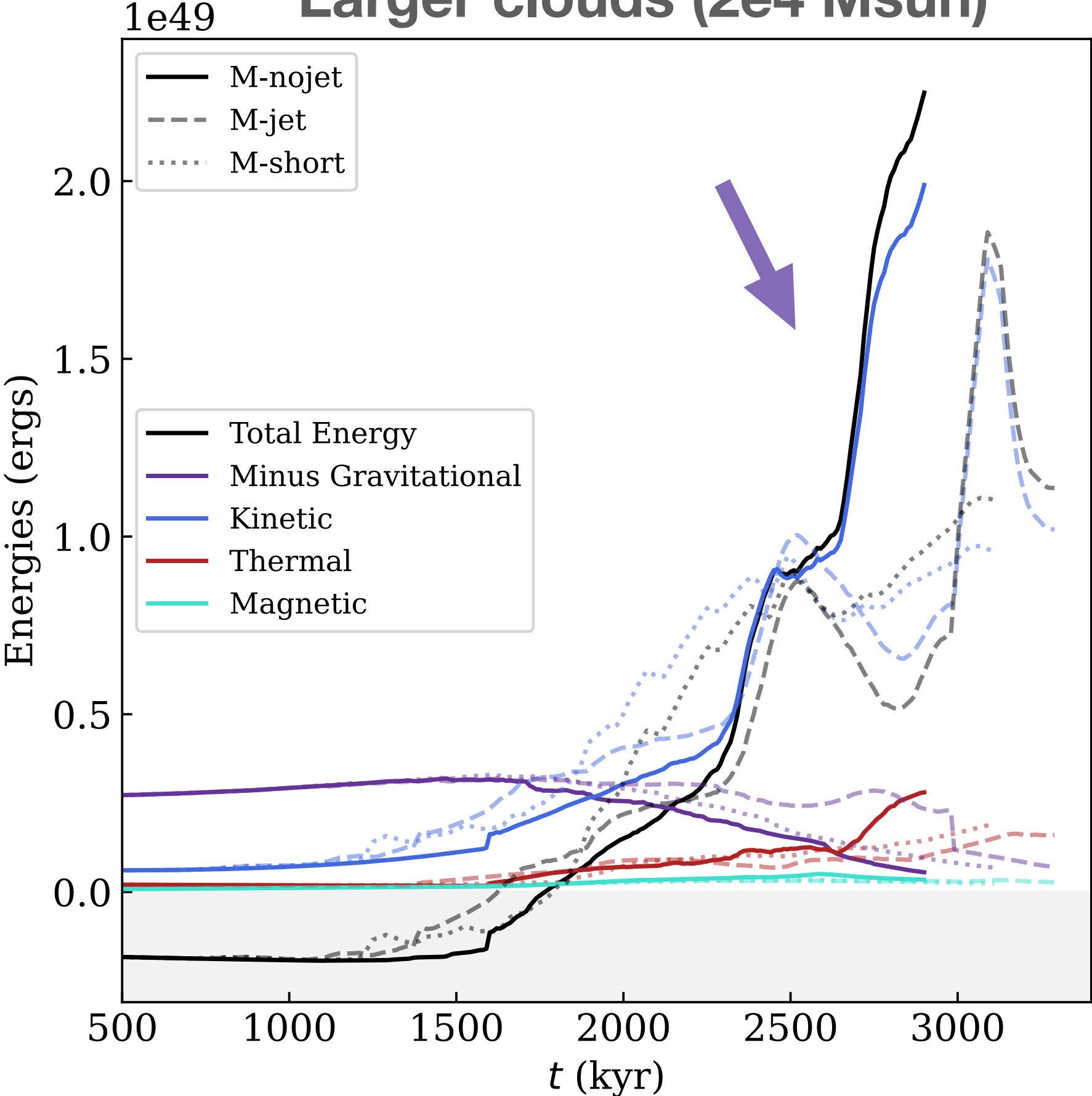


Jets increase the energy right away

Other modes of feedback act at slightly later times

Solid lines —> without jets
Dash/dotted lines —> with jets

Larger clouds (2e4 Msun)



Summary

- ◆ Star formation is a cycle — stellar feedback influences the gas and the gas influences star formation
- ◆ There are many modes of feedback, each of which act at different scales and interact with each other
- ◆ Protostellar jet feedback:
 - Alters the gas distribution (density PDF)
 - Increases the sonic Mach number
 - Decreases the SFE
 - Increases the total energy of the gas at early times

